

# COVER CROPS AND SOIL HEALTH

**MT Organic Association**

**Bozeman**

**December 4, 2015**

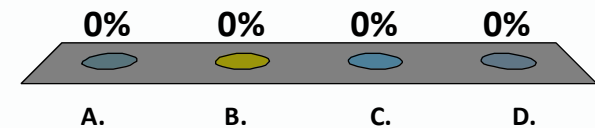
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MSU Soil Fertility Extension

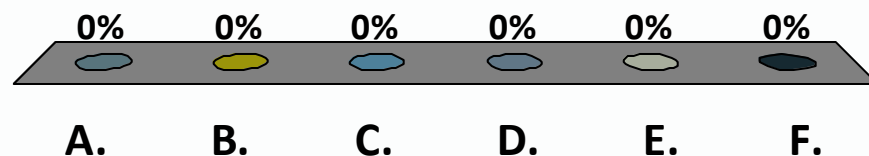
# Cover crops:

- A. Teach us how to use clickers
- B. Can keep you warm at night
- C. Build strong worms
- D. Are yummy if you are a cow



# What brings you to the workshop today?

- A. Farm management  
(mainly cash crops on  
100+ acres)
- B. Ranch management  
(mainly livestock on  
100+ acres)
- C. Small acreage  
farm/ranch  
management (<100 ac)
- D. Job with state or  
federal government
- E. Job as crop adviser
- F. Interested citizen



Response  
Counter

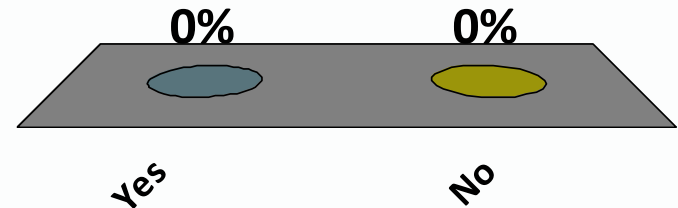
# Today's goals

- Present potential benefits of cover crops
- Discuss cover crop effects on
  - Nitrogen
  - Soil organic matter
  - Temperature, aggregate stability, microbial activity
  - Following crop yield and protein
  - Economics
- Present management considerations with cover crops

# Do you, or have you grown cover crops?

A. Yes

B. No



Response  
Counter

## When have you used cover crops? Select all that apply.

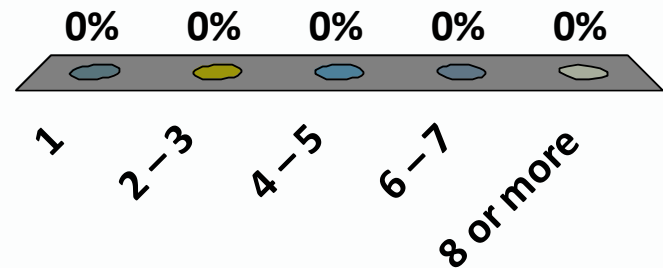
- A. As a late summer to fall cover 25%
- B. As a winter crop 25%
- C. As a spring-summer crop 25%
- D. Other 25%

# How familiar are you with cover crop mixtures?

- |                                      |     |
|--------------------------------------|-----|
| A. Never heard of them               | 20% |
| B. Minimal knowledge                 | 20% |
| C. Quite familiar but never tried    | 20% |
| D. Tried but not likely to use again | 20% |
| E. Tried and will continue to use    | 20% |

# What is the average number of species in your cover crop?

- A. 1
- B. 2 – 3
- C. 4 – 5
- D. 6 – 7
- E. 8 or more

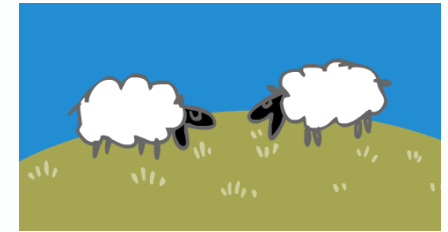




# Benefits and challenges of cover crops



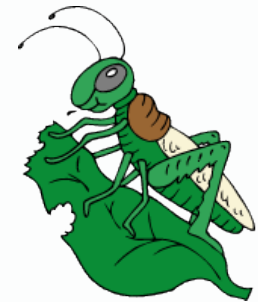
Equipment



Biomass



TIME



Management challenges



N, P, K, S

# Soil Quality vs Soil Health



Soil Quality = properties that change little, if at all, with land use management practices

- Texture
- pH
- Cation Exchange Capacity

Which is more likely to be influenced by cover crops?

Soil Health = dynamic properties which may be subjective to measure

- Aggregation
- Microbial activity
- Tilth
- Nutrient availability
- Water holding capacity
- Compaction

# What we have found with MT research trials



MSU single species cover crop research since 1999 has found higher grain yields and/or protein after cover crops when:



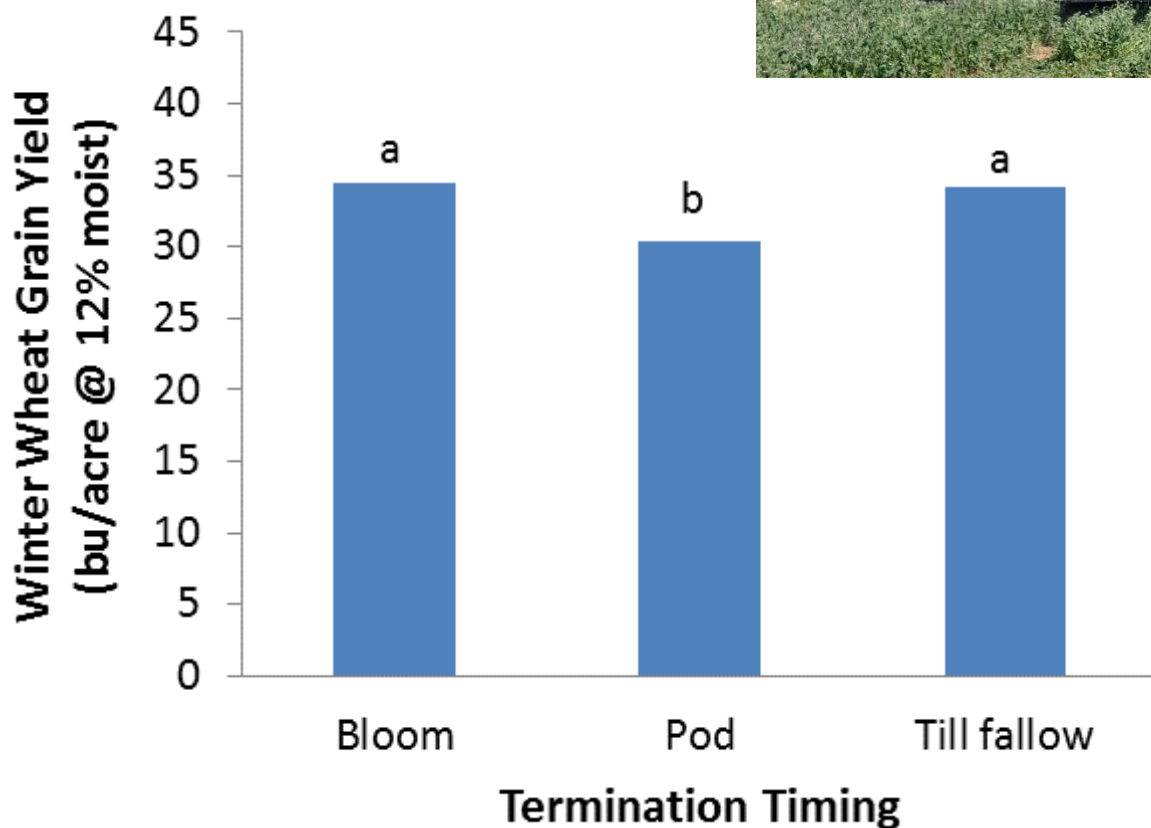
1. Seeding winter legumes (vs spring legumes)
2. Seeding spring cover crops early (vs late)
3. Terminating at first bloom (vs pod)
4. Tilling cover crop (vs spraying)

## Why?

- More N fixed (1)
- More time for soil water to be recharged and N to become released from residue (1, 2, 3)
- Faster N release and fewer N losses (4)

# Our MT studies confirmed early Saskatchewan studies that termination timing is key

WHY?



Terminating legume cover crop at early bloom produced higher **organic wheat yields** the following year than terminating at flat pod in 2006-2007

(Miller et al. 2011)



Questions?

# Cover Crop Cocktails Plot Study

1. Compare crop and soil response to fallow, single species pea CC, and multi-species mixtures
  - Cover crop and wheat: Biomass, biomass quality, yield
  - Soil:
    - Microbial biomass
    - Soil enzyme activity
    - Soil temperature
    - Aggregate stability
    - Compaction
    - Soil water, nitrate, and Olsen P
    - Mycorrhizal colonization
    - Potentially mineralizable nitrogen
2. Determine the specific effects of 4 plant functional groups
3. 2 sites in Triangle, 2 in Gallatin Valley



# Plant functional groups – planted individually and in groups



## Nitrogen Fixers

- Spring Pea
- Common Vetch
- Lentil

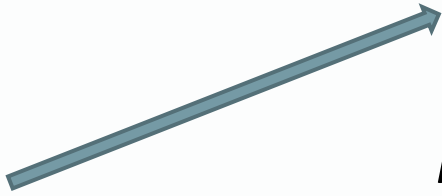


*Increase nitrogen*



## Fibrous Root

- Oats
- Italian ryegrass
- Proso millet



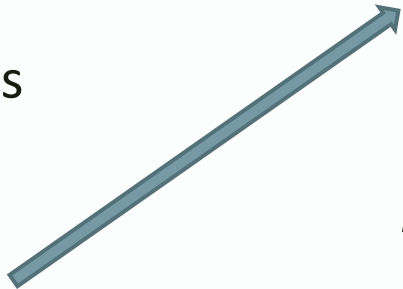
*Add soil carbon*

*Reduce compaction,  
move nutrients upward*



## Tap Root

- Purple top turnip
- Safflower



*Potential disease control*



## Brassica

- Daikon radish
- Winter canola
- Camelina





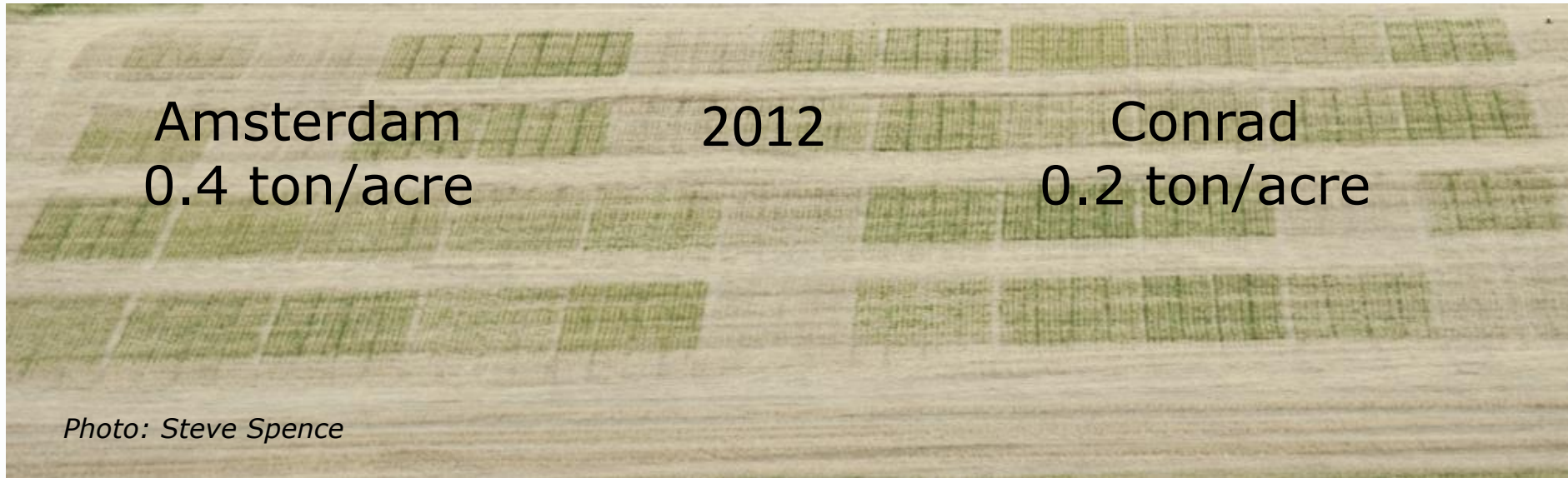
# Lessons learned about plantings



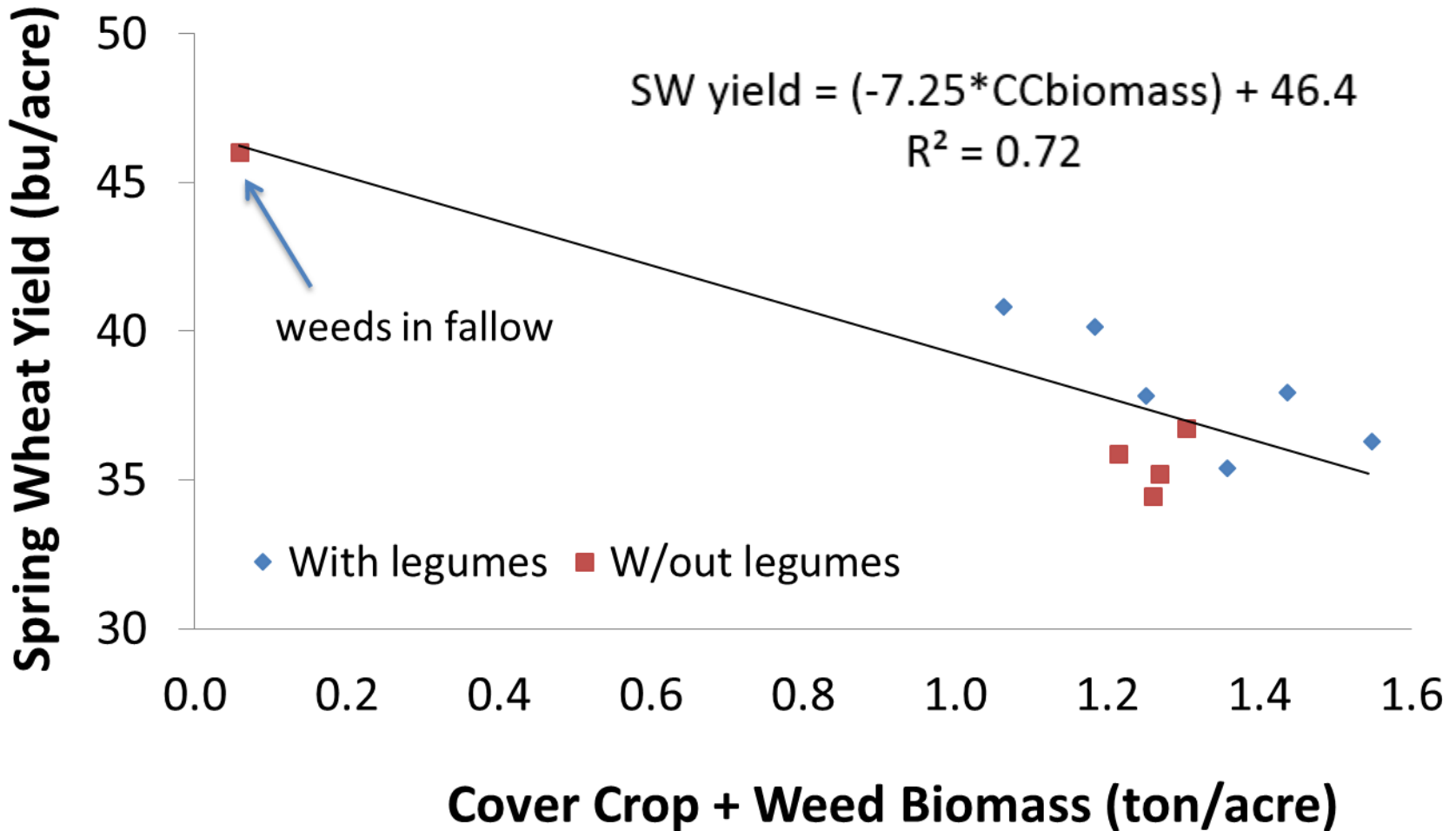
- Early weed control essential
- Common vetch difficult to terminate w/ glyphosate
- Camelina, Italian ryegrass, and lentil not competitive
- Radish bolts in late spring
- Millet not competitive in mid-spring mix
- Possible biological control benefits of wheat-stem sawfly with oat and radish

*Photo: Susan Tallman*

# Cover Crop Biomass – depends on moisture



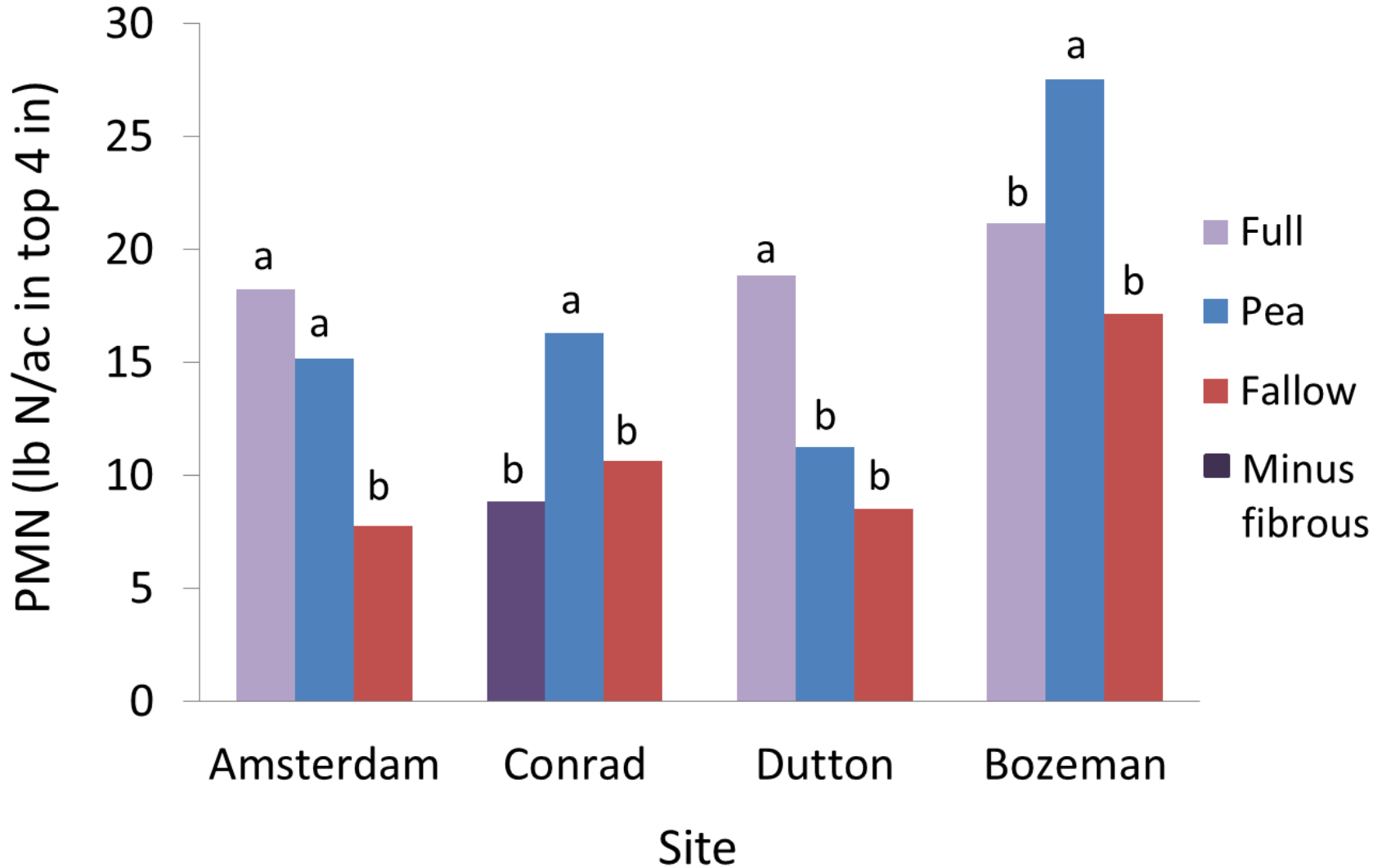
# Spring wheat yield at Dutton vs previous year total biomass (cc + weed)



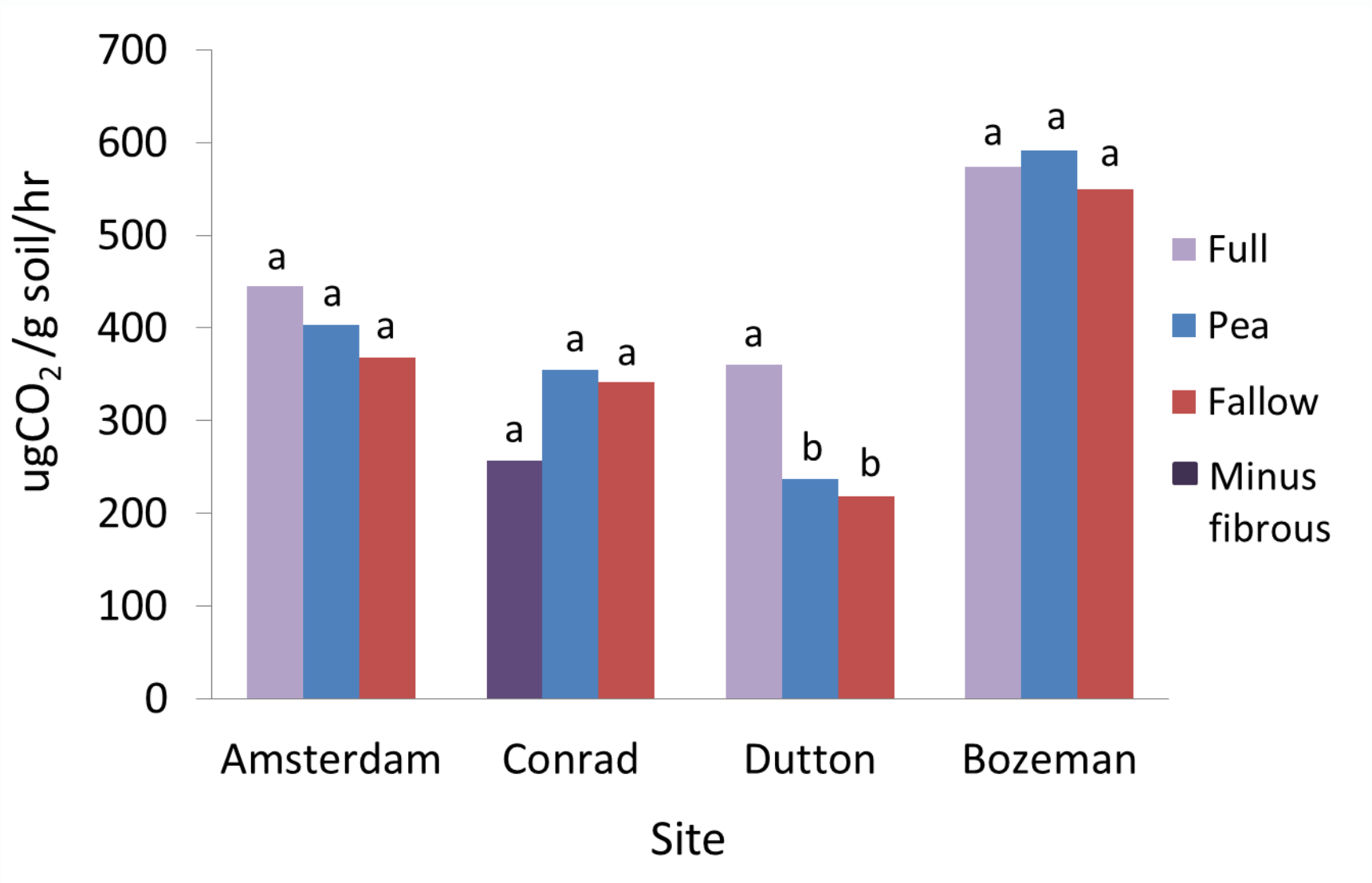
Housman, Tallman, et al.,  
unpub data, Dutton

What about soil health?

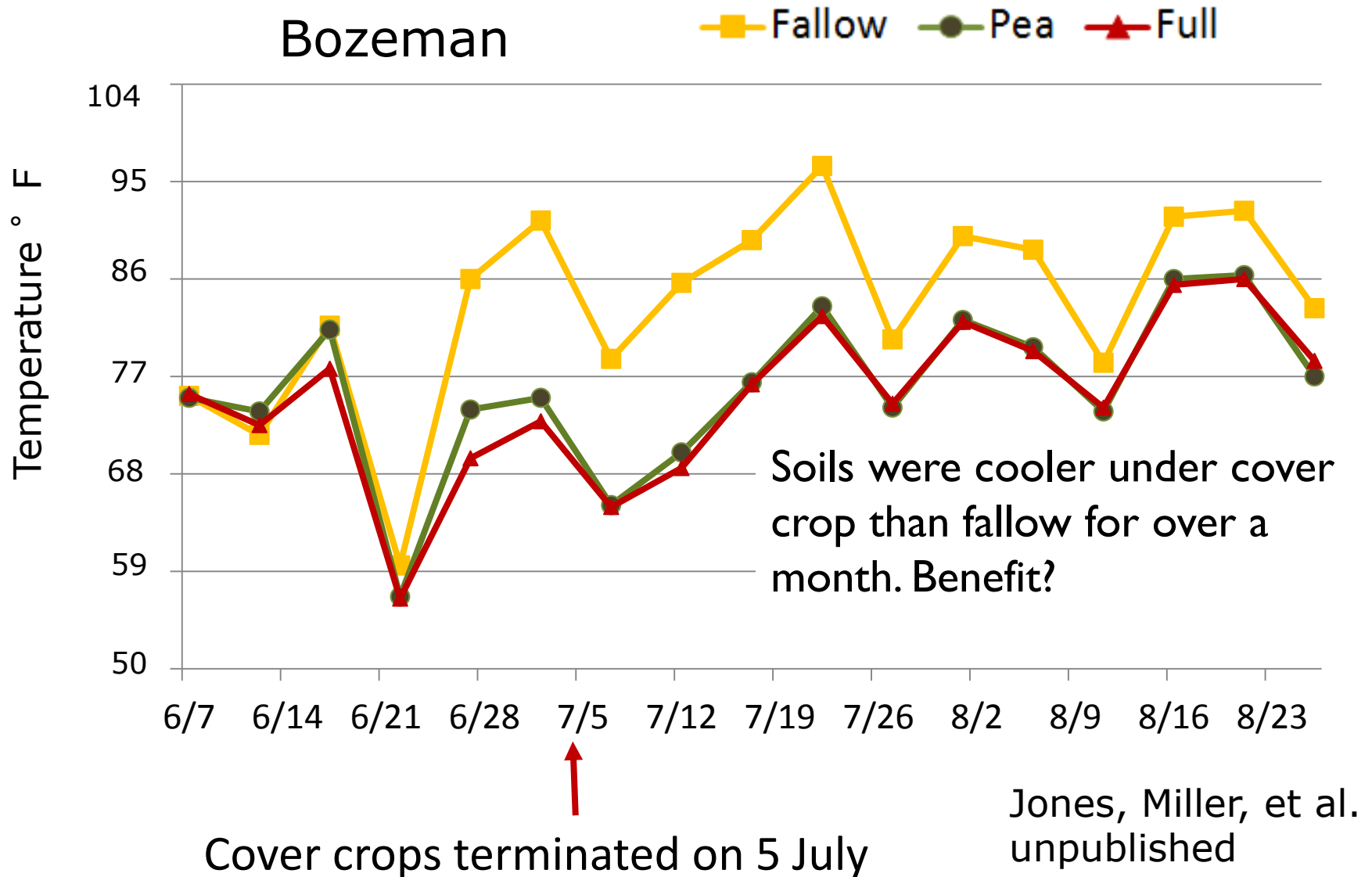
# Potentially Mineralizable Nitrogen – 1<sup>st</sup> year



# Microbial Biomass – 1<sup>st</sup> year



Soil temperature at 2" deep much higher under fallow than cover crops (but no differences between pea and full)



# Summary after FIRST full rotation

	Amsterdam	Conrad	Dutton	Bozeman
CC Biomass	ns	ns	ns	ns
Biomass C:N	8 spec>Pea	ns	8 spec>Pea	ns
Microbial Biomass	ns	ns	CC>fallow	CC>fallow
PMN	CC>fallow	Pea>6 spec	CC>fallow	Pea>8 spec,fall.
Olsen P	ns	ns	ns	ns
Temp at 2"	--	--	CC<fallow	CC<fallow
Aggregate stability	ns	ns	ns	ns

ns – no significant difference (95% confidence) among any treatments (meaning pea vs 8 spec OR fallow vs cover crops)

# Summary after SECOND full rotation

	Amsterdam	Conrad
Cover crop biomass	6 spp. > 2 spp.	ns
Microbial Biomass	CC>fallow	ns
Microbial Enzymes (5)	CC>fallow	ns
PMN	CC>fallow	ns
Olsen P	ns	ns
Temp at 2"	CC<fallow	CC<fallow
Aggregate stability	ns	ns

ns – no significant difference (95% confidence) among any treatments (meaning pea vs 8 spec OR fallow vs cover crops)





## Cover Crop Cocktails Plot Study: Take home messages on yield and soil quality

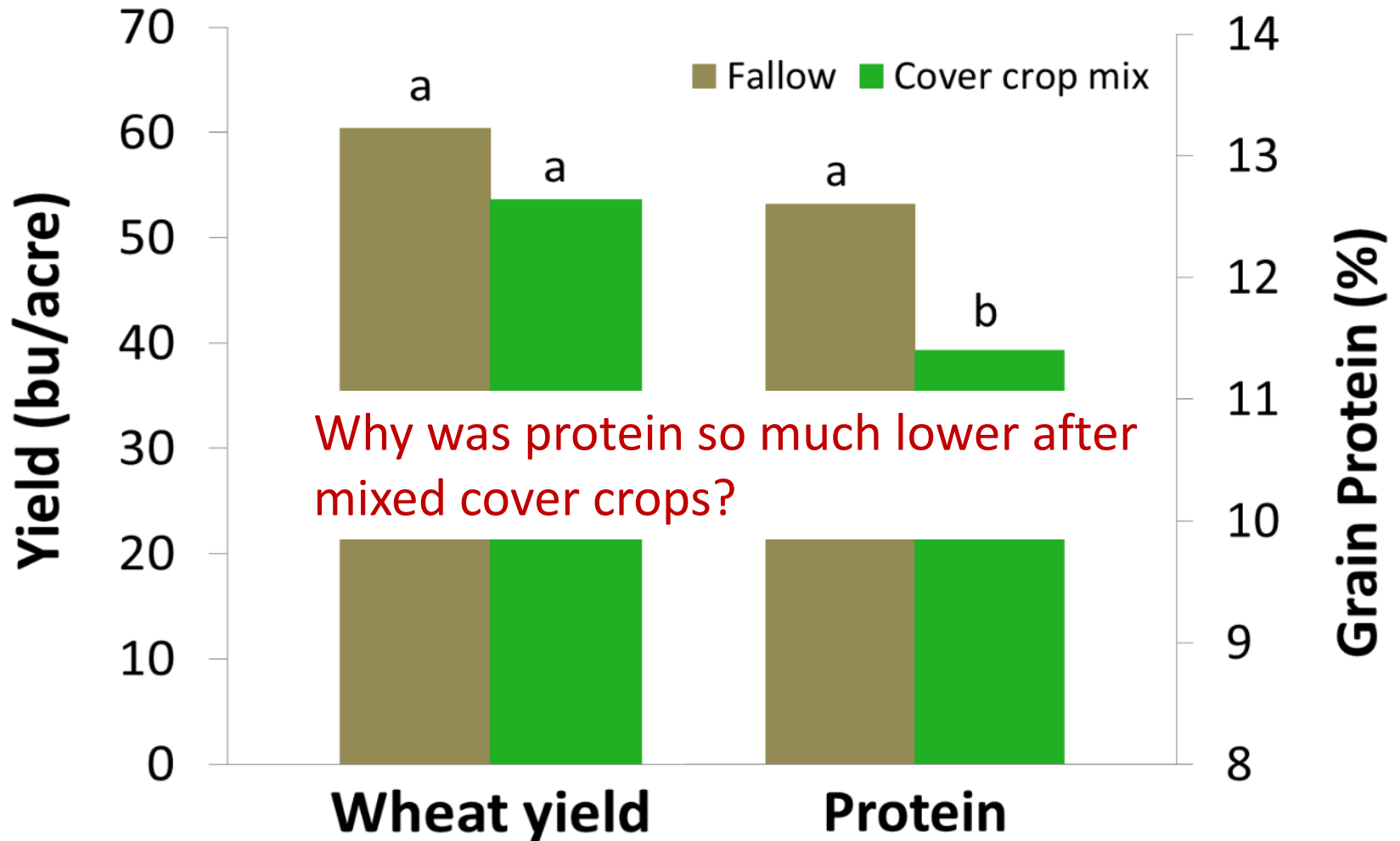
- After one cycle, spring wheat grain yields higher after pea and N fixers than most other mixes.
- Higher cover crop biomass correlated with lower spring wheat yield, likely b/c of more water and N use.
- Relatively few soil health differences between pea and 8-species mix after one cycle; not unexpected.
- After two cycles, no soil health differences between pea and 8-species mix, but CCs increased microbial activity.



Questions?

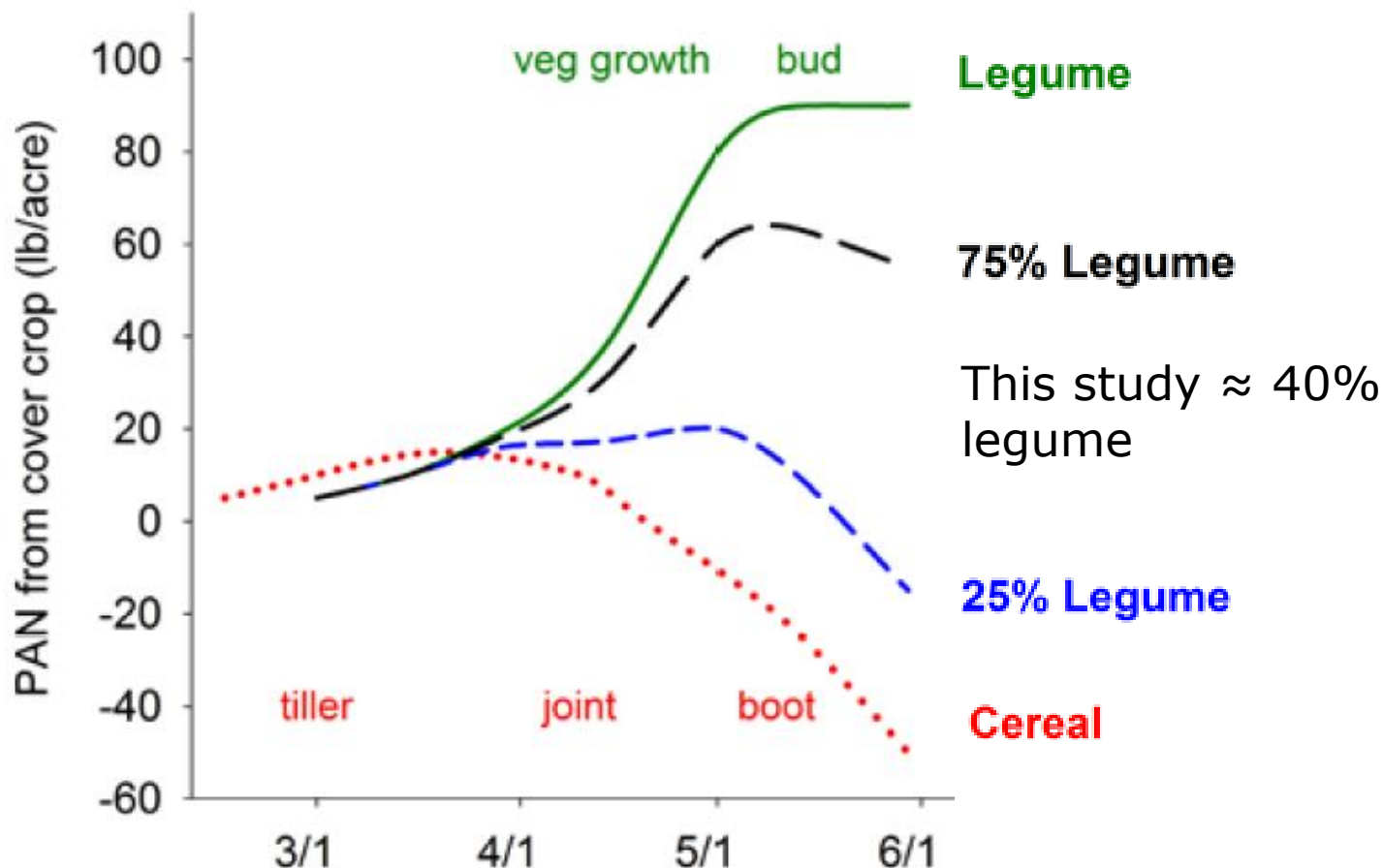


# Cover Crop Cocktails Farm Study: Spring wheat yield after mixed CC, Gallatin Valley





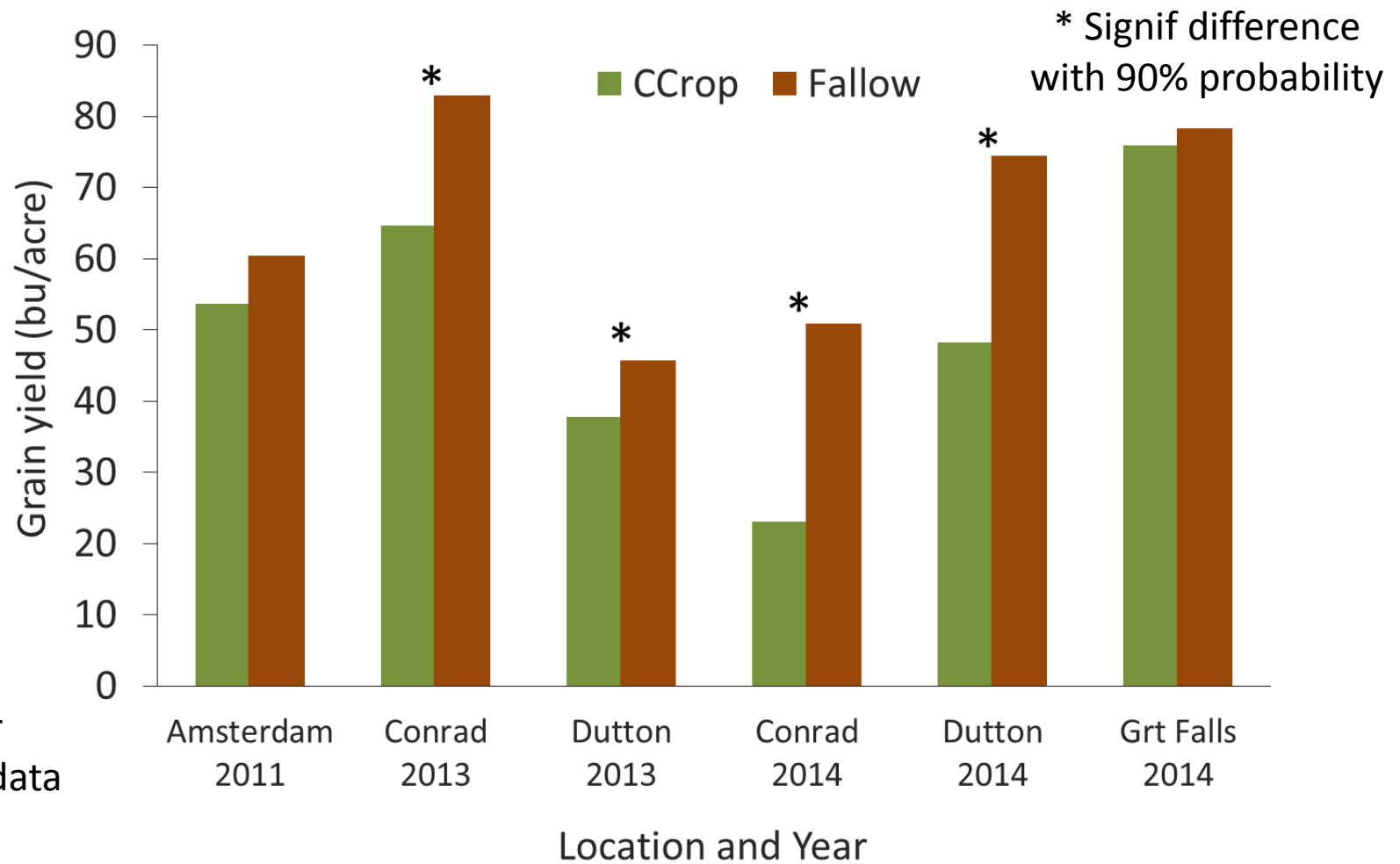
# Percent legume and termination timing affects plant available N (PAN)



**Take home:** Legume % less than 50 can result in low available N esp if terminated late

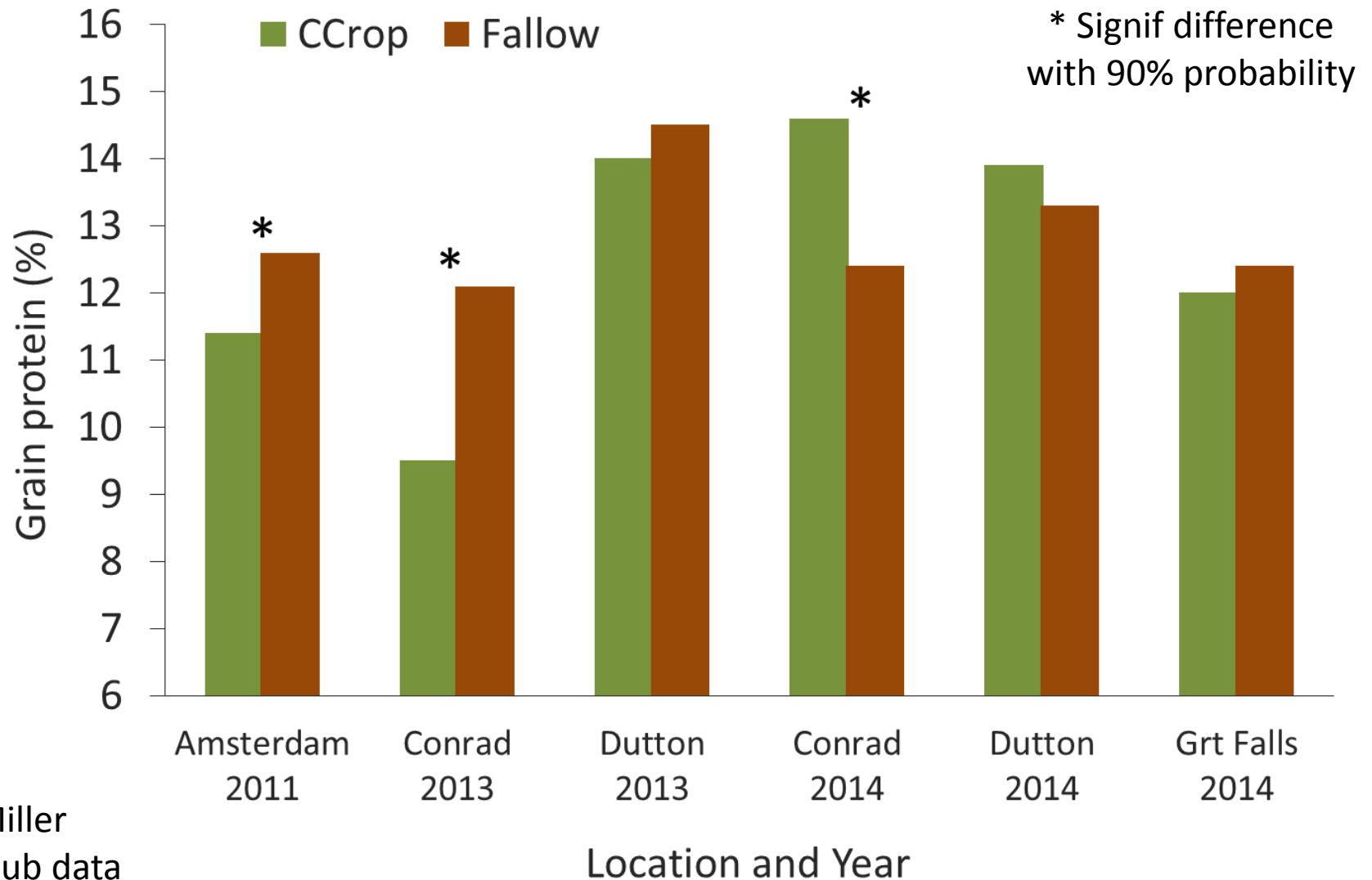
Willamette Valley, Oregon  
Sullivan and Andrews, 2012

# Cover Crop Cocktail Farm Study: 1 rotation of mixed CC reduced grain yield in 4 of 6 production years



Yield less after mixed cover crops on farmers' fields, likely due to late termination and high water & N use by CCrop

# Cover Crop Cocktail Farm Study: 1 rotation of mixed CC produced varied grain protein results





## Cover Crop Cocktails Farm Study: Take home messages on yield and protein

- Spring wheat grain yield was lower after CC than fallow in four of six field-scale studies, and protein results were mixed.
- High water use from late termination was likely cause of yield differences.
- Low N availability from late termination & low legume % was likely cause of protein differences.



Questions or Comments?



# Not a stellar outlook for cover crops in short term, what about long term? 8-year plot study



Legume or fallow year

Wheat yield

2004 CC = Fallow

2006 CC = Fallow

2008 CC = Fallow

2010 CC > Fallow

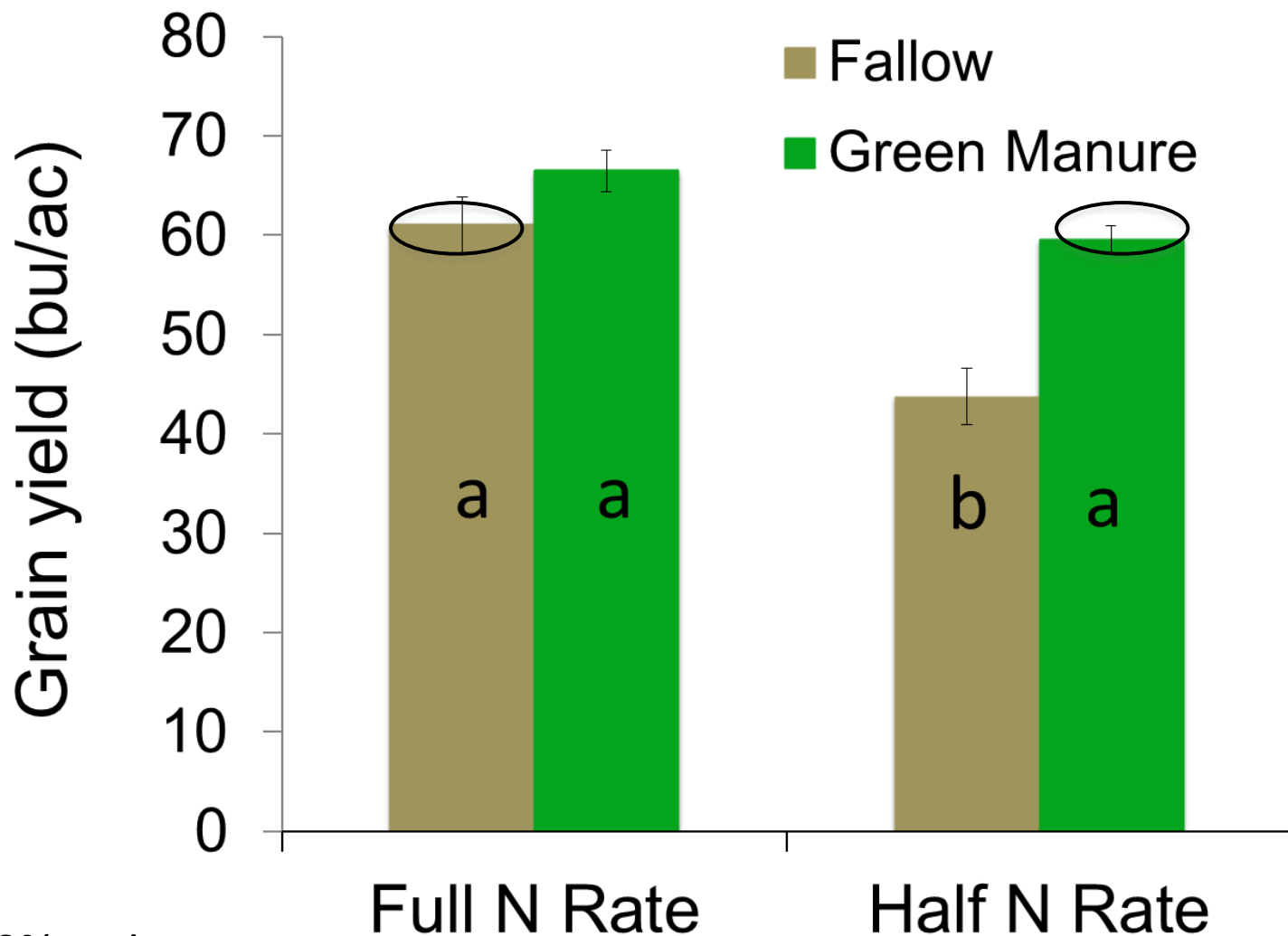
2012 CC = Fallow

Wheat year

Soil water generally not limiting, except 2012



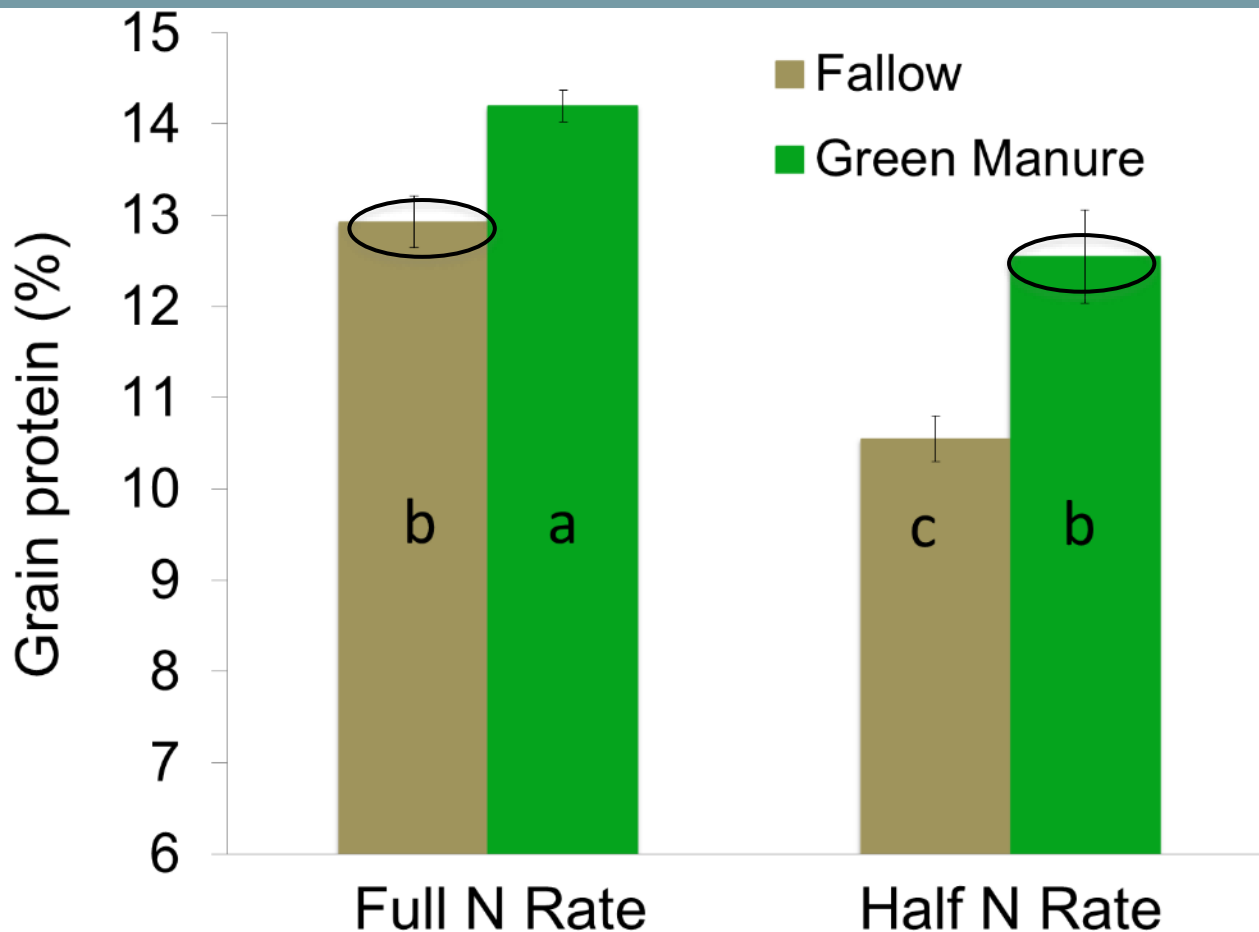
# 8 Year Plot Study: Grain yield in 8<sup>th</sup> year (2010)



@ 12% moist



# 8 Year Plot Study: Grain protein in 8<sup>th</sup> year

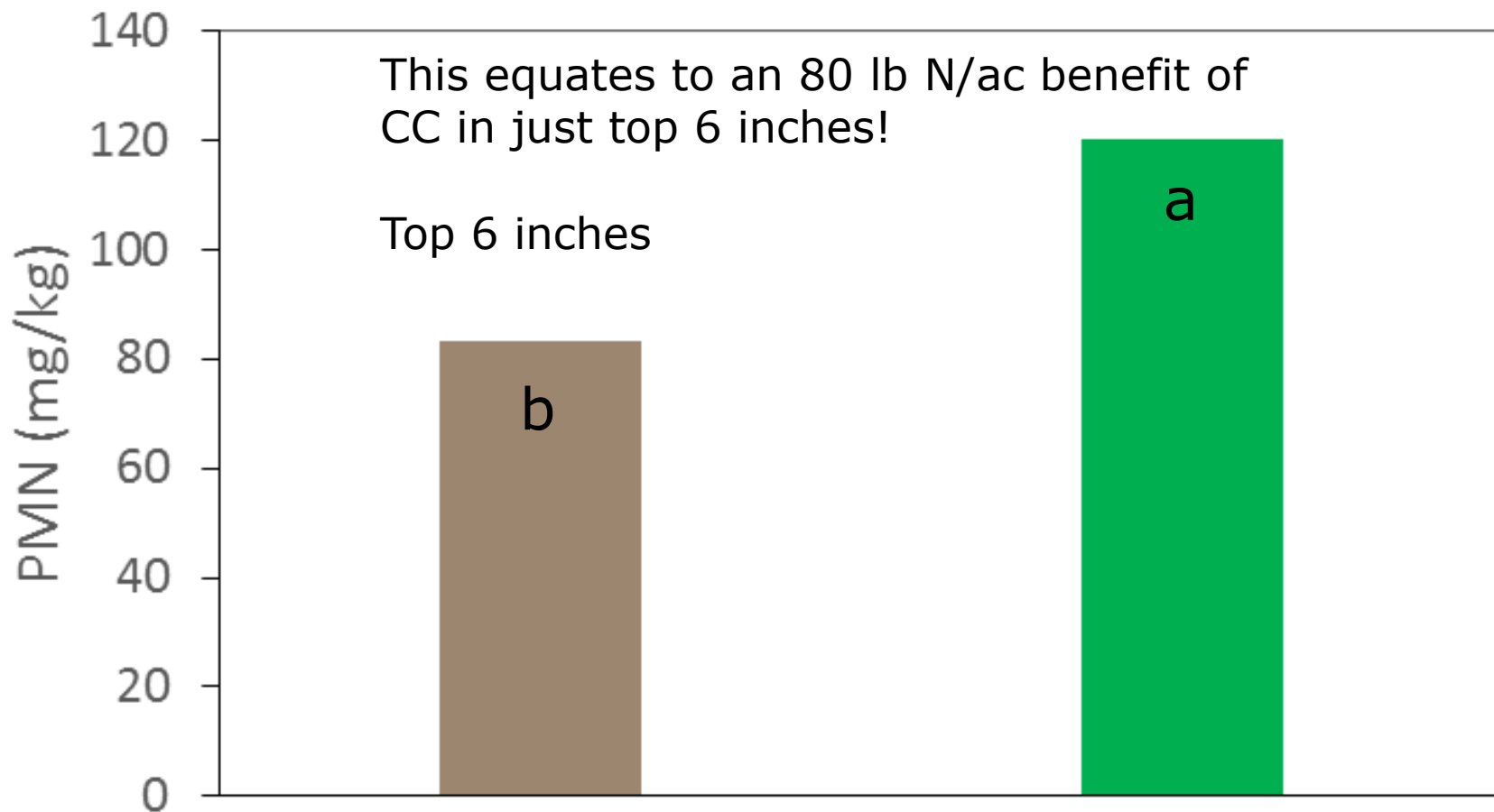


* N fertilizer rates	<i>Fallow-Wheat</i>	<i>LGM-Wheat</i>
Full N rate (lbs/ac)	124.00	83.00
Half N rate (lbs/ac)	39.00	0.00

Pea cover crop after 4 CC-wheat rotations saved **124 lb N/ac** compared to fallow.

# Potentially mineralizable N (PMN)

## Cover crop-wheat vs fallow-wheat (April of 8<sup>th</sup> yr)



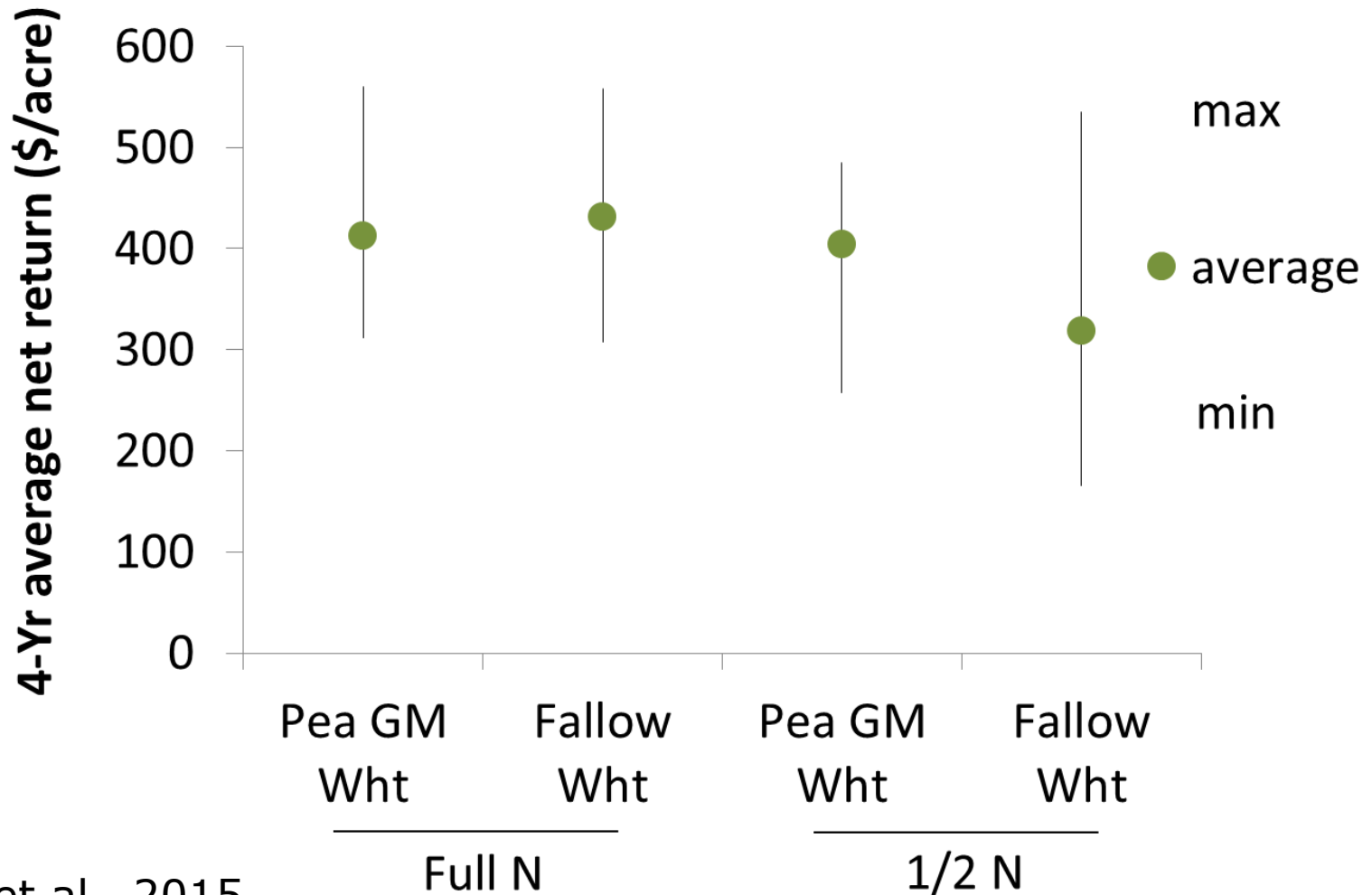
O'Dea et al. (2015)

Fallow-Wheat

CC-Wheat



After 4 rotations pea GM provides same net return as fallow, with less N





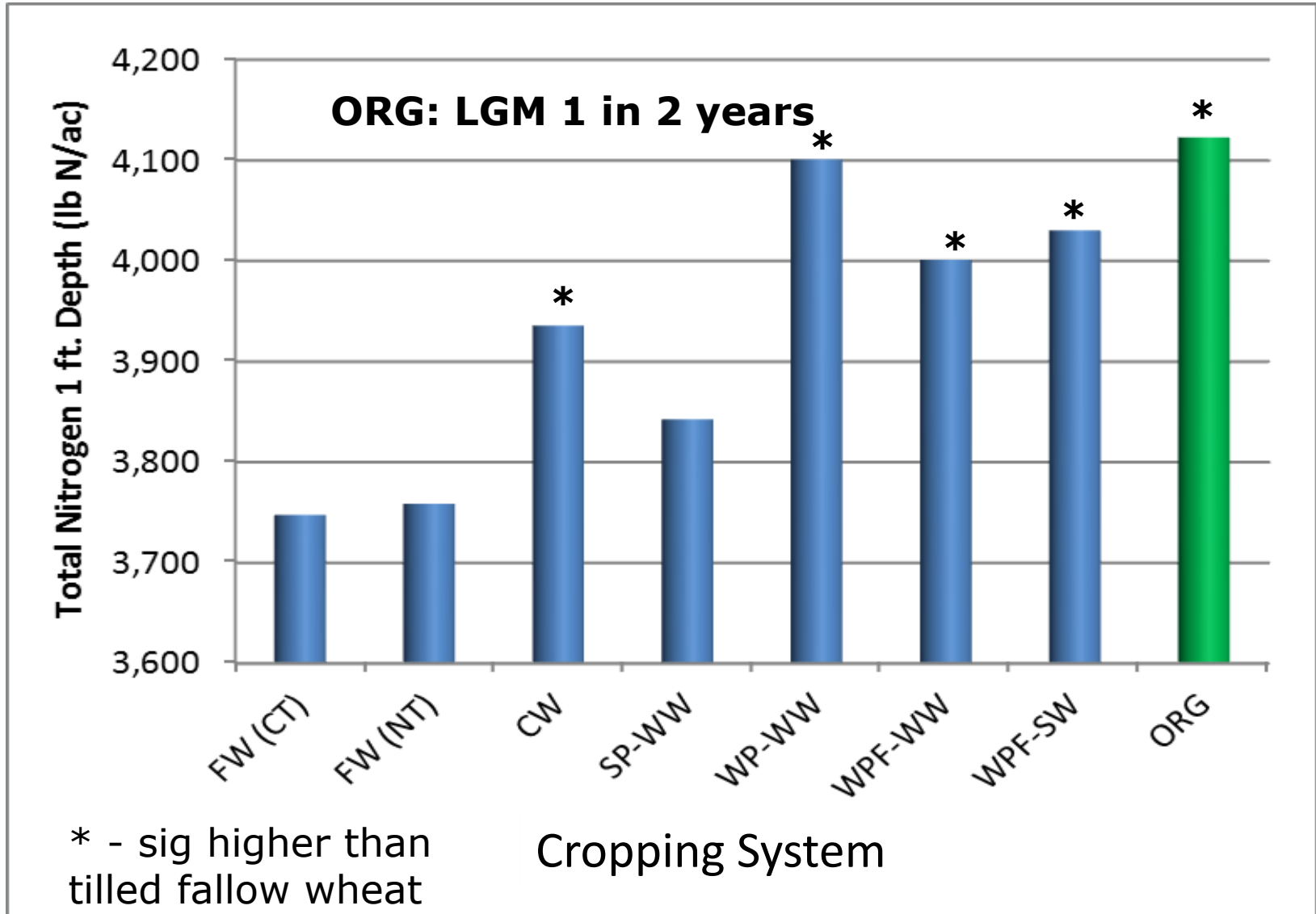
## 8-year Plot Study: Take home messages

- In the first 3 cycles, wheat grain yield was not higher after legume than after fallow.
- After 4 two-year cycles, wheat grain yield and protein were higher after legume CC than after fallow.
- Higher than normal precipitation in 2010 likely 1) increased release of available N from an increased organic N pool, and 2) made N limiting to growth.
- Over 100 lb N/ac was saved in 2010 following legume cover crop compared to fallow!
- Economic returns were more stable with cover crop (less dependent on N rate)



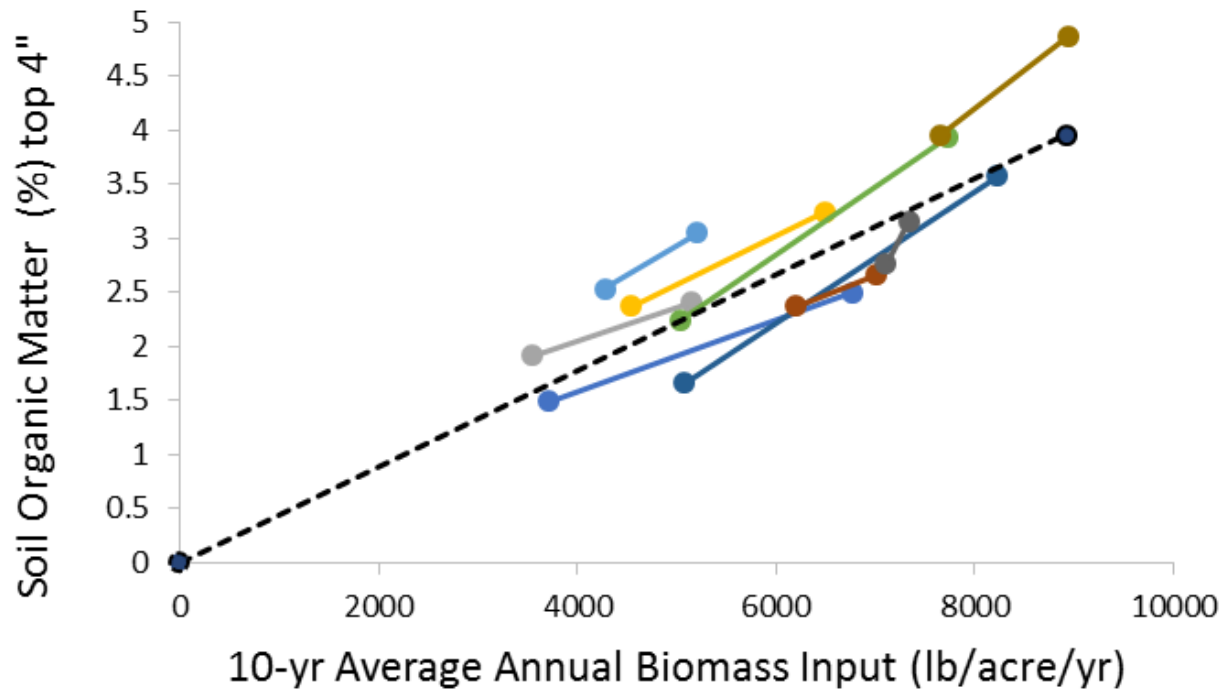
Questions?

# Cropping system effects on soil N after 6 years (MSU Post Farm)





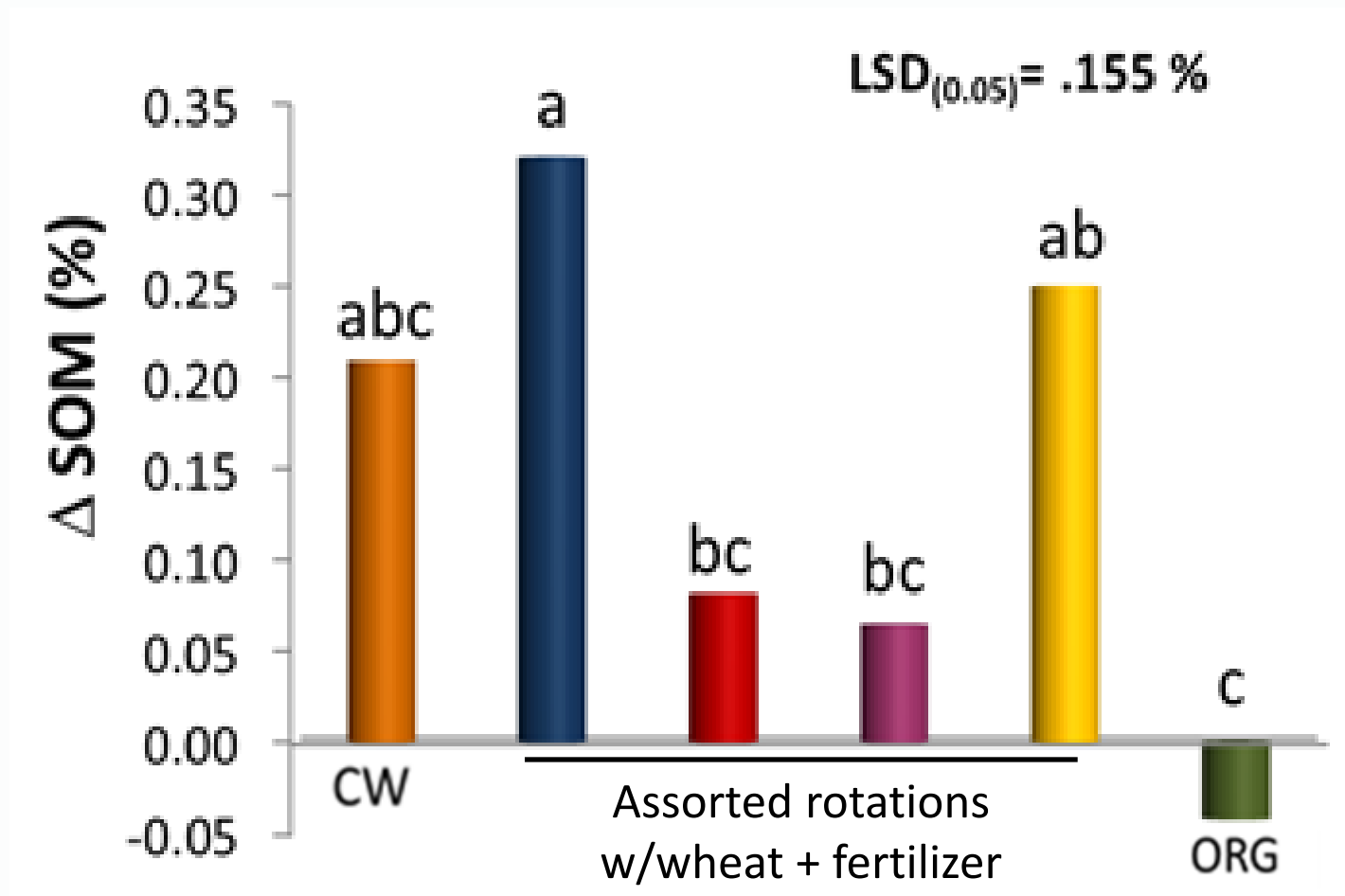
# SOM input = a function of biomass input



- Residue decomposition rate varies with climate, tillage, soil type, etc.
- Potential SOM input depends on biomass produced regardless of soil and site conditions

Fisher et al., 2007, Australia  
irrigated systems

# Plant biomass to produce SOM requires nutrient inputs



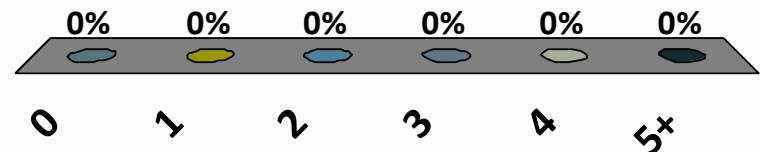
From 2000 to 2012, MSU Post Farm

Organic received no inputs

Organic rotation = legume GM/Wwheat/Lentil/Barley or Safflower

# Approximately how many years are you willing to invest in cover crops before getting a financial return?

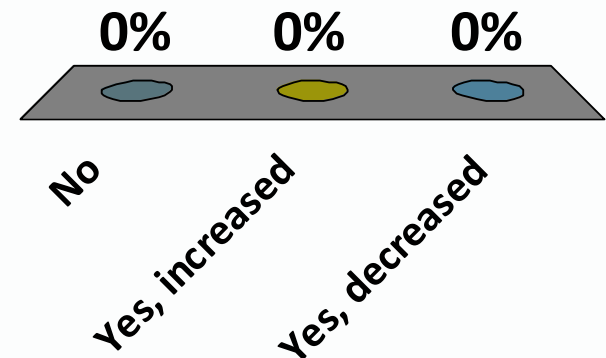
- A. 0
- B. 1
- C. 2
- D. 3
- E. 4
- F. 5+



Response  
Counter

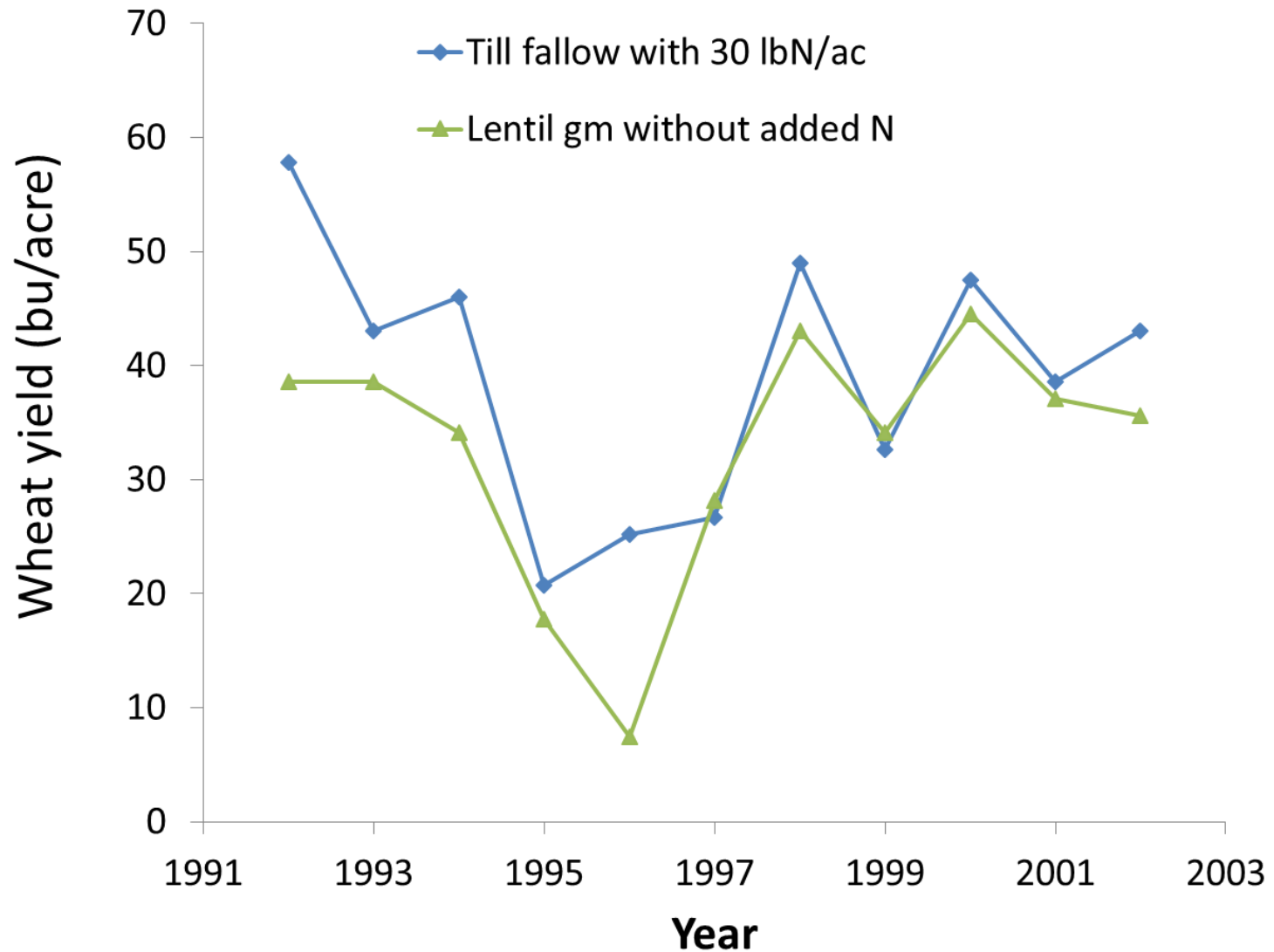
# Have your cash crop yields changed as a result of cover crop use?

- A. No
- B. Yes, increased
- C. Yes, decreased

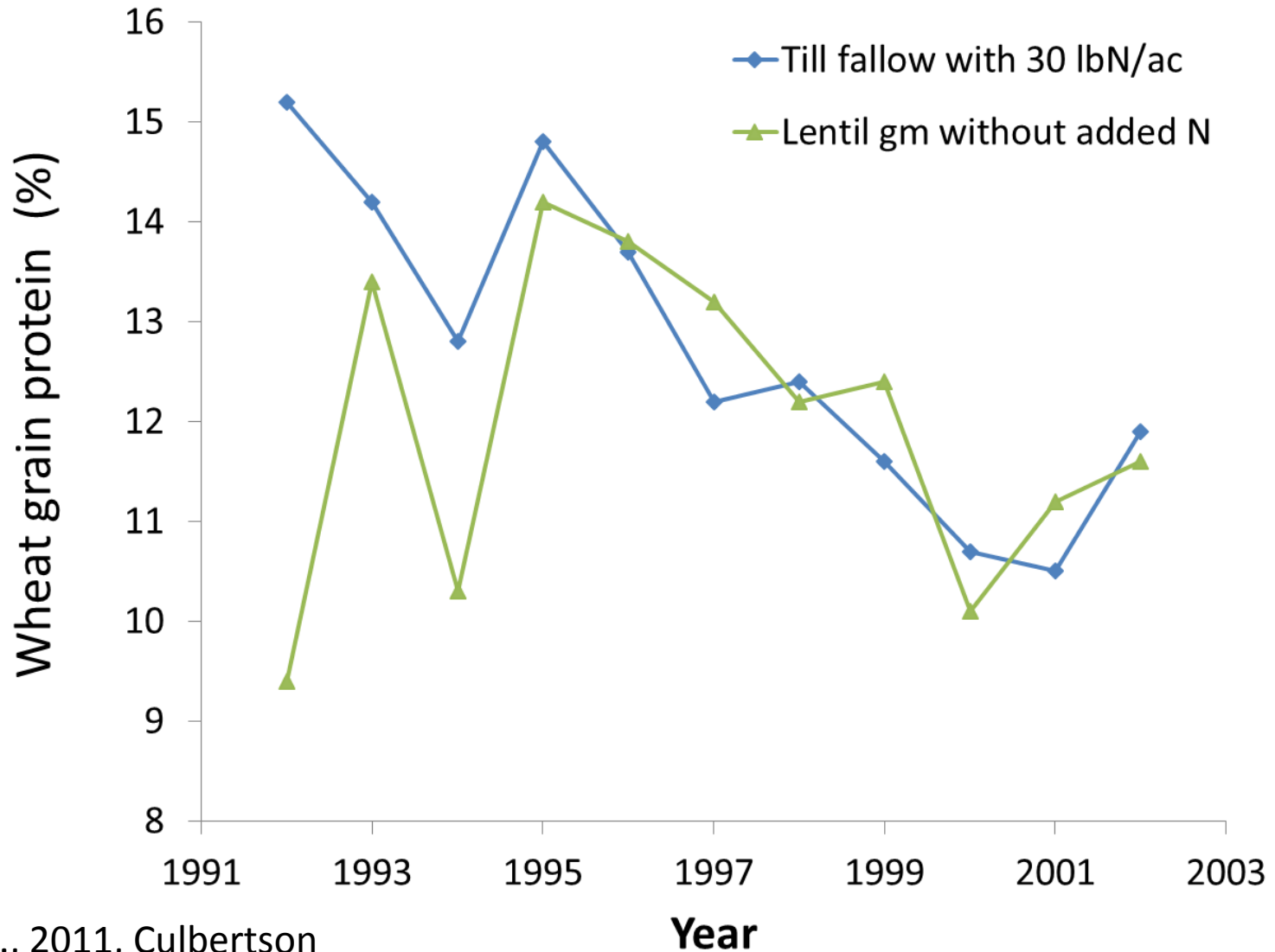


Response  
Counter

# Legume cover crops: They take time to influence subsequent wheat yield



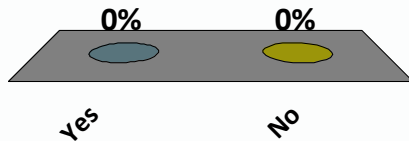
# Pulse/legume rotations benefit protein before yields



# Economic options

Do you graze cover crops?

- A. Yes
- B. No



- Grazing may provide more immediate economic return and increase the rate of change in soil health. Currently under study at MSU-Northern.
- NRCS provides incentives for growing cover crops

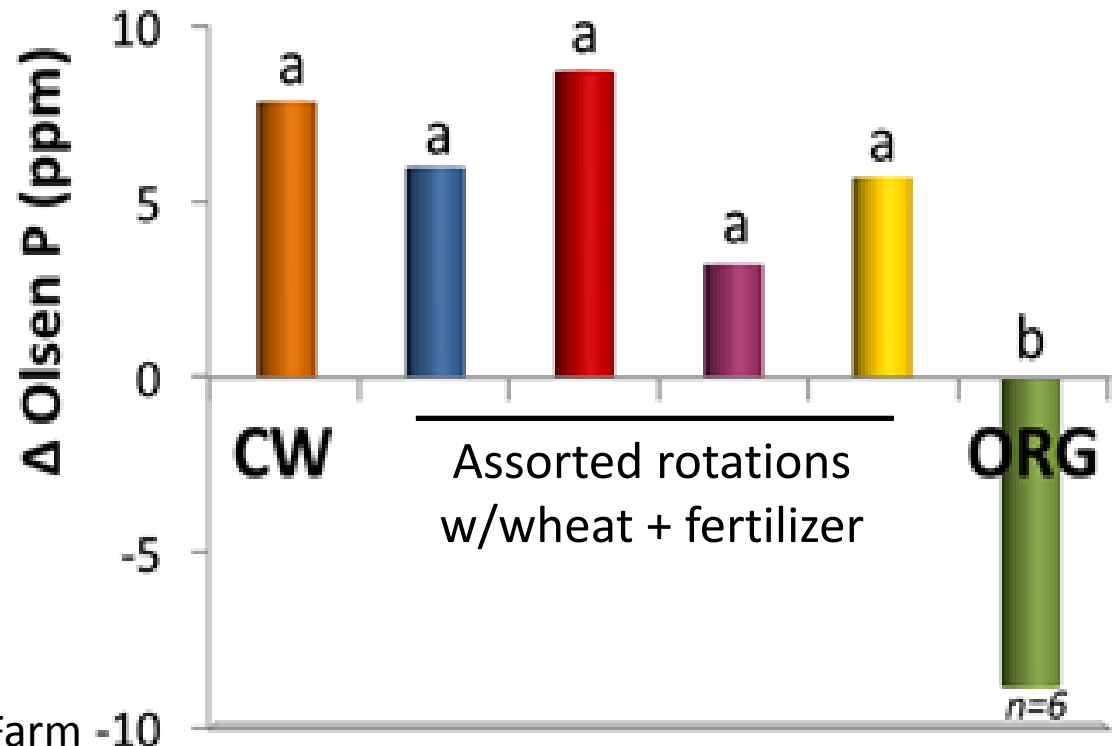
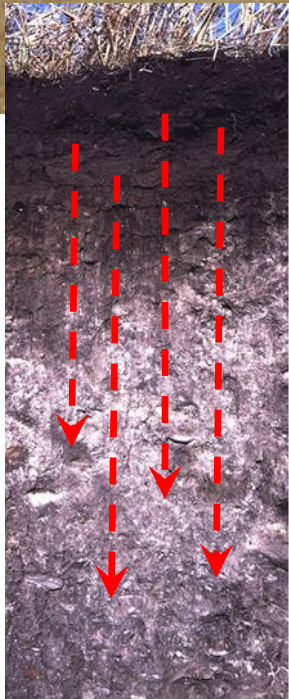
Response  
Counter



Questions?



# Nutrient losses from fields



From 2000 to 2012, MSU Post Farm -10

Organic received no inputs

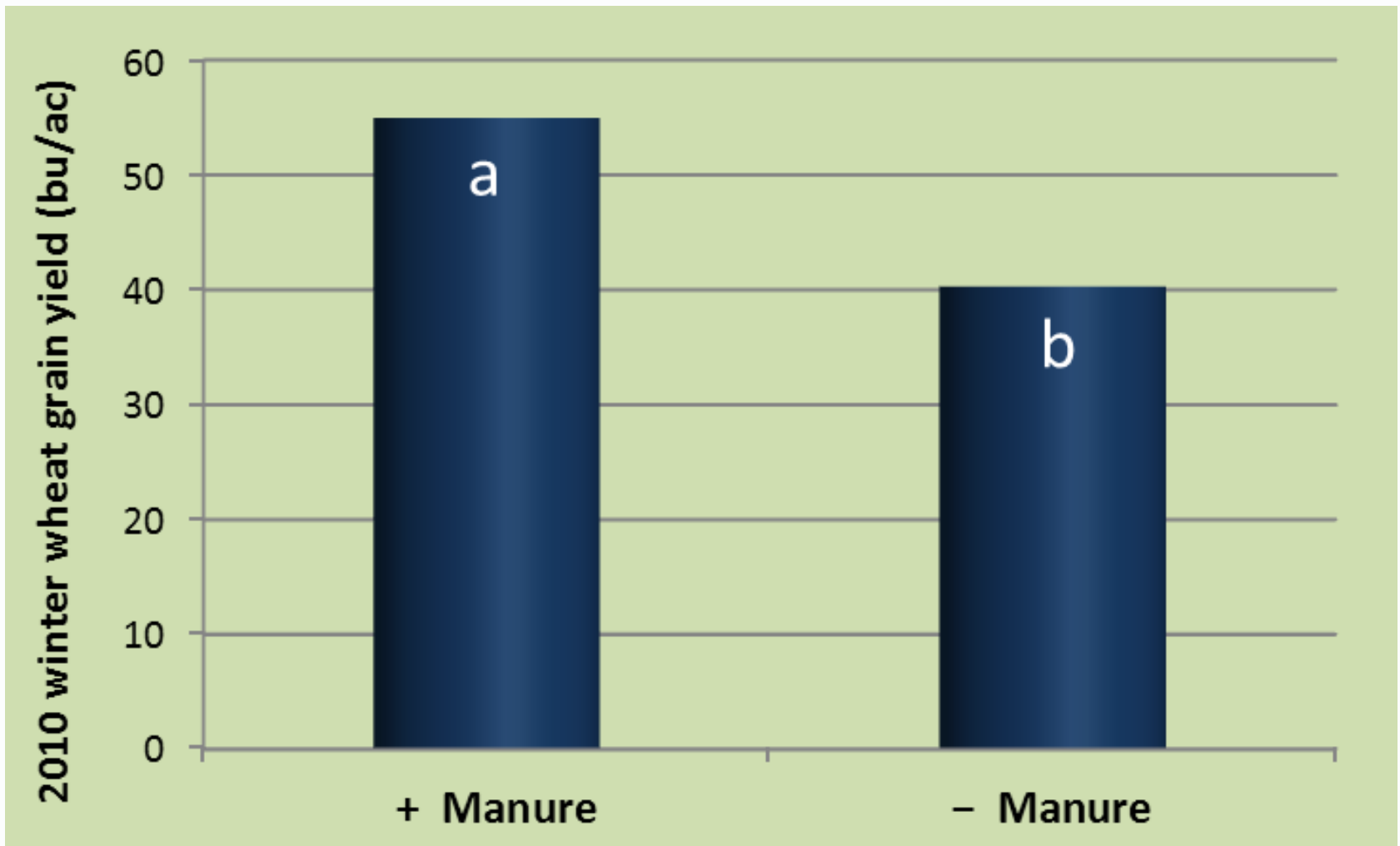
Organic rotation = legume GM/Wwheat/Lentil/Barley or Safflower

# Manure

- Tilled in ~9 tons/acre aged manure prior to seeding winter wheat on one ORG plot 2009.
- = 75 lb TOTAL  $P_2O_5$ /acre  
≈ 400 lb TOTAL N/acre



# Effect of manure on 2010 winter wheat grain yield



Post Farm, Bozeman  
Miller, unpub data

No effect on grain protein

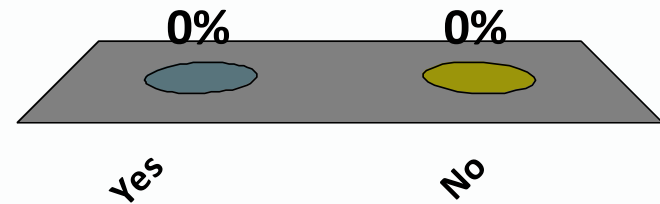


# Conclusions

- In short term (1 CC-cycle studies), grain yield and protein are generally equal or less than after fallow.
- Early termination (by ~ first pea bloom) is key to preventing yield and protein losses.
- In short term studies, there does not appear to be yield or soil quality advantages of multiple species mixes over pea.
- In long term (4+ cycles), yield, protein, and net revenue can be higher after cover crops than fallow, especially at low N rates, likely from more available N.
- Cover crops provide resilience to uncontrollable factors such as weather and markets
- Cover crop value to soil health, subsequent crops, and possibly land value is expected to increase over time.

Is your management likely to change, based on what we have presented today?

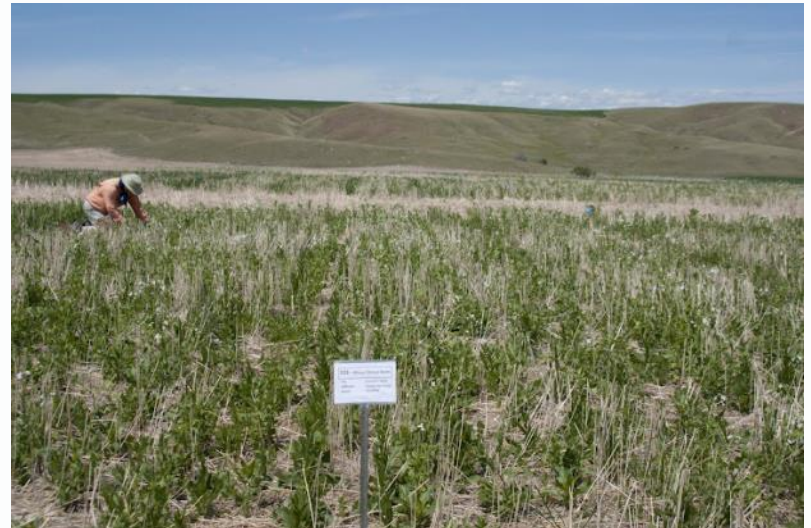
- A. Yes
- B. No



Response  
Counter

# Acknowledgments

- USDA – AFRI
- USDA – WSARE
- NRCS – CIG
- Montana Fertilizer Advisory Committee
- Montana Wheat and Barley Committee
- Numerous landowners
- Ann McCauley
- Jeff Holmes
- Anton Bekkerman
- Mac Burgess





**QUESTIONS?**

**For a pdf version of this presentation and additional information on cover crops and soil fertility, see <http://landresources.montana.edu/soilfertility>**