

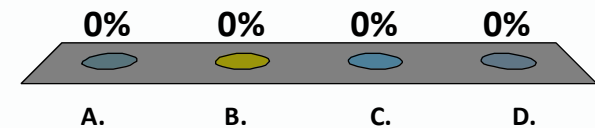
# COVER CROPS AND SOIL HEALTH

## **NRCS Soil Health Workshop Bozeman and Billings November 3 and 4, 2015**

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Dept. Land Resources & Environmental Sciences**

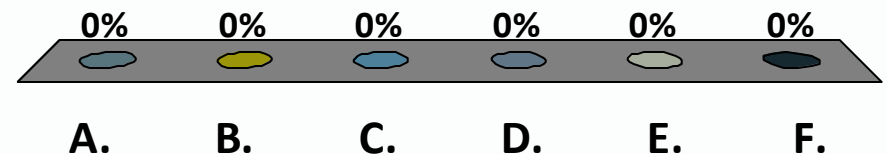
# Cover crops:

- A. Teach us how to use clickers
- B. Can keep you warm at night
- C. Build strong worms
- D. Are yummy if you are a cow



# What brings you to the workshop today?

- A. Farm management  
(mainly cash crops on  
100+ acres)
- B. Ranch management  
(mainly livestock on  
100+ acres)
- C. Small acreage  
farm/ranch  
management (<100 ac)
- D. Job with state or  
federal government
- E. Job as crop adviser
- F. Interested citizen



Response  
Counter

# Today's goals

- Present potential benefits of cover crops
- Discuss cover crop effects on
  - Nitrogen
  - Soil organic matter
  - Temperature, aggregate stability, microbial activity
  - Following crop yield and protein
  - Economics
- Present management considerations with cover crops

# The Summerfallow Challenge

## PROS:

Soil moisture recharge

N benefit

## CONS:

Loss of organic matter

Increased

soil erosion

saline seeps

N leaching

Decreased

soil structure

water holding capacity

soil biological activity



*Photo: Susan Tallman*



*Photo: Susan Tallman*

## Alternatives?

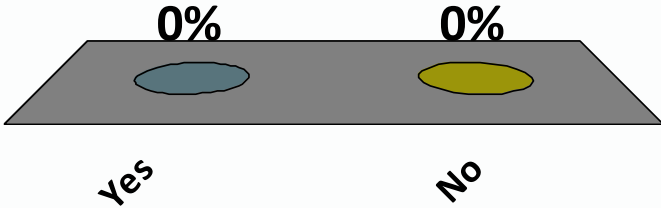
- No-Till
- Cover crops



*Photo: Steve Spence*

# Do you, or have you grown cover crops, or advise people who grow cover crops?

- A. Yes
- B. No

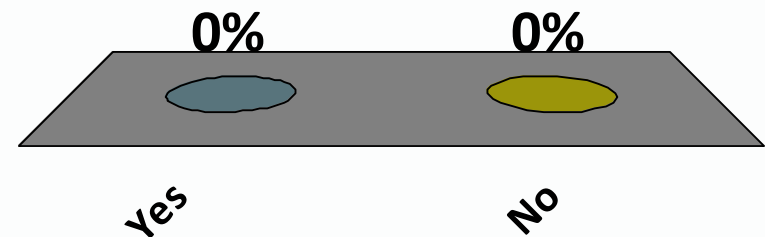


Response Counter

# Have you heard of MSU's cover crop studies?

A. Yes

B. No

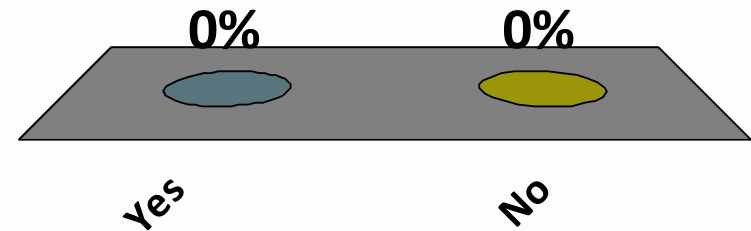


Response  
Counter

If you've heard of our studies, have they changed your understanding of cover crops?

A. Yes

B. No

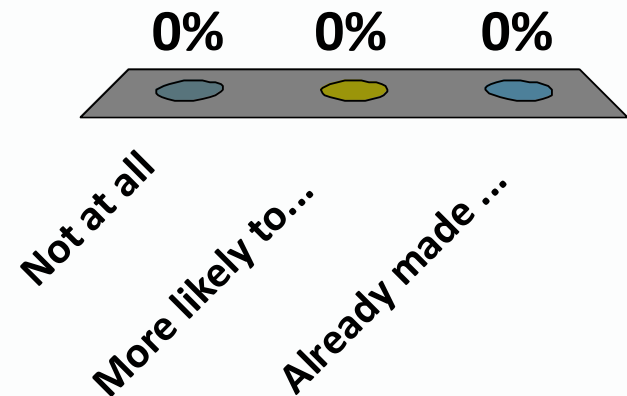


Response  
Counter



# If you've heard of MSU's cover crop studies, how has your management changed, if at all?

- A. Not at all
- B. More likely to make a change
- C. Already made a change

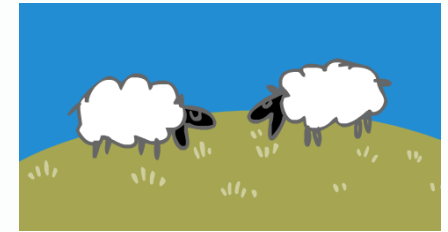


Response  
Counter

# Benefits and challenges of cover crops



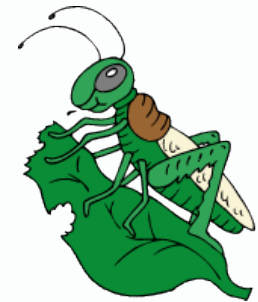
Equipment



Biomass



TIME



Management challenges



N, P, K, S

# Soil Quality vs Soil Health



Soil Quality = properties that change little, if at all, with land use management practices

- Texture
- pH
- Cation Exchange Capacity

Which is more likely to be influenced by cover crops?

Soil Health = dynamic properties which may be subjective to measure

- Aggregation
- Microbial activity
- Tilth
- Nutrient availability
- Water holding capacity
- Compaction

# What we have found with MT research trials



MSU single species cover crop research since 1999 has found higher grain yields and/or protein after cover crops when:



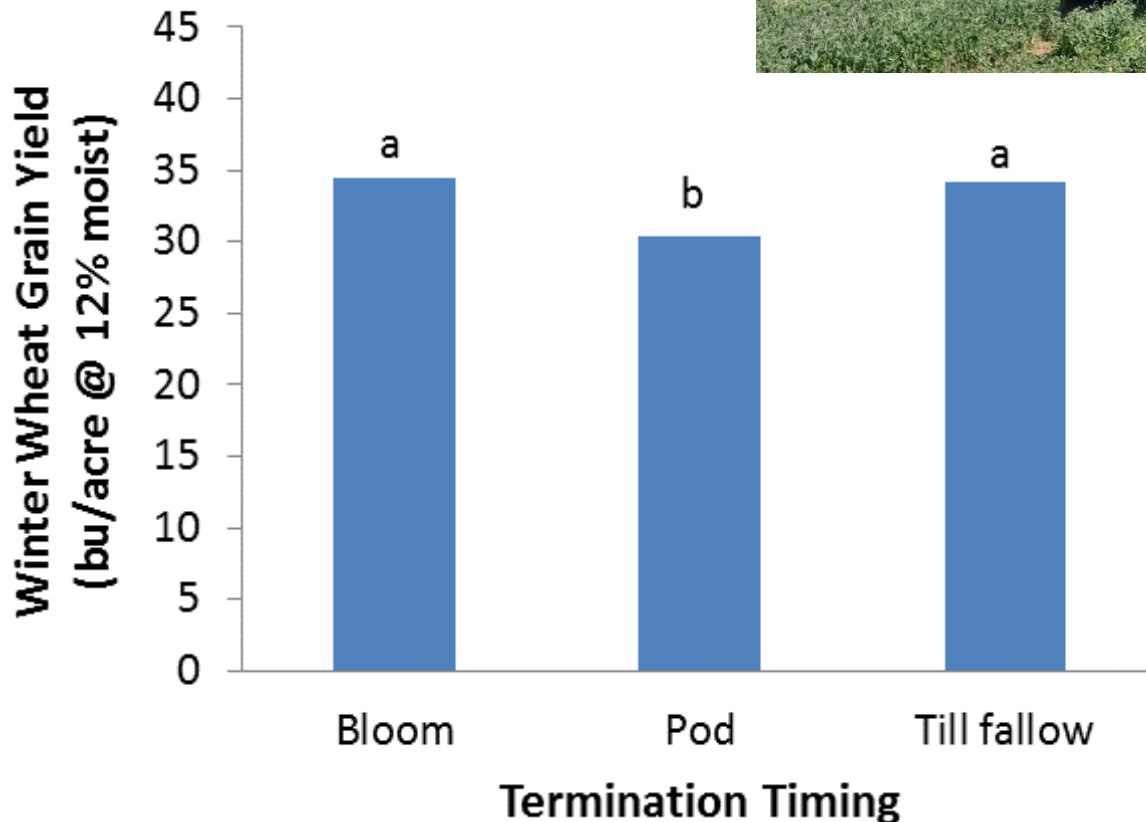
1. Seeding winter legumes (vs spring legumes)
2. Seeding spring cover crops early (vs late)
3. Terminating at first bloom (vs pod)
4. Tilling cover crop (vs spraying)

## Why?

- More N fixed (1)
- More time for soil water to be recharged and N to become released from residue (1, 2, 3)
- Faster N release and fewer N losses (4)

# Our MT studies confirmed early Saskatchewan studies that termination timing is key

WHY?



Terminating legume cover crop at early bloom produced higher organic wheat yields the following year than terminating at flat pod in 2006-2007

(Miller et al. 2011)

Similar results for advantage of bloom over pod in conventional systems



# Plot Study No-till and Till: Design

## 3 Crop Treatments

- Spring Pea Manure
  - Spring Lentil Manure
  - Fallow
- 
- Green manures terminated at first flower
  - Spring wheat planted at 4 N rates following year
  - Gallatin Valley, ~14 inch annual precip.

X

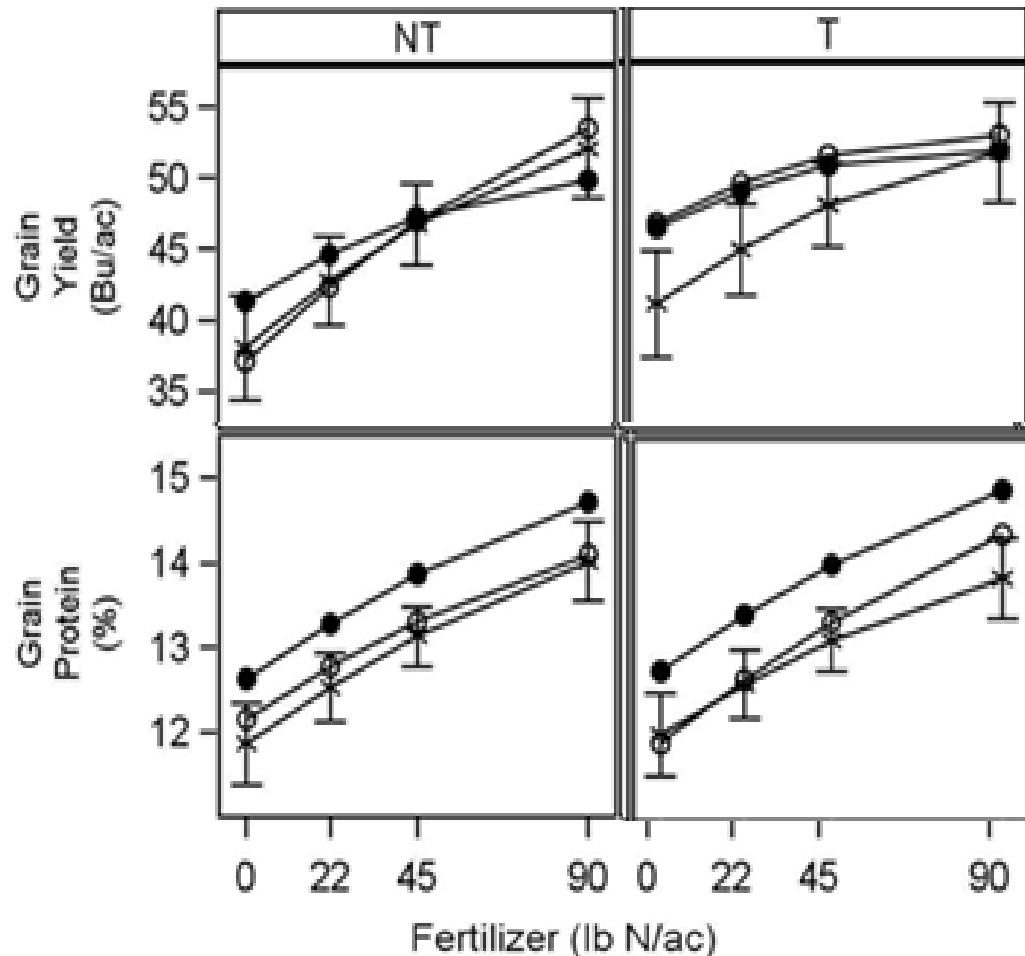
## Tillage Treatments

- No-Till (NT)
- Till (T)





# Effect of lentil and pea cover crop on spring wheat yield & protein



\* Fallow ○ Lentil ● Pea

Take home:

- Early-terminated spring cover crop did not hurt wheat yield or protein.
- Pea cover crop only increased yield at low N rates when tilled.
- Pea increased grain protein at all N rates and both NT and T.
- Lentil cover crop did not benefit yield or protein (likely N contribution too low)





Questions?

# Cover Crop Cocktails Plot Study

1. Compare crop and soil response to fallow, single species pea CC, and multi-species mixtures
  - Cover crop and wheat: Biomass, biomass quality, yield
  - Soil:
    - Microbial biomass
    - Soil enzyme activity
    - Soil temperature
    - Aggregate stability
    - Compaction
    - Soil water, nitrate, and Olsen P
    - Mycorrhizal colonization
    - Potentially mineralizable nitrogen
2. Determine the specific effects of 4 plant functional groups
3. 2 sites in Triangle, 2 in Gallatin Valley



# Plant functional groups – planted individually and in groups



## Nitrogen Fixers

- Spring Pea
- Common Vetch
- Lentil

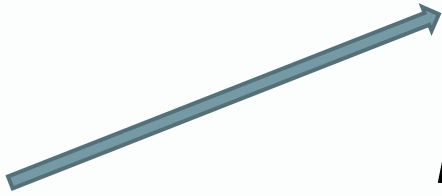


*Increase nitrogen*

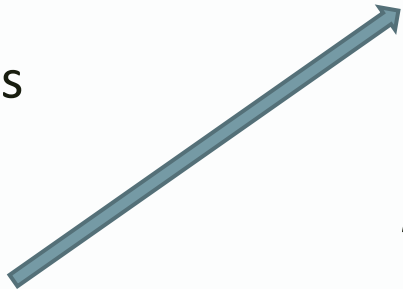


## Fibrous Root

- Oats
- Italian ryegrass
- Proso millet



*Add soil carbon*



*Reduce compaction,  
move nutrients upward*



## Tap Root

- Purple top turnip
- Safflower



*Potential disease control*



## Brassica

- Daikon radish
- Winter canola
- Camelina

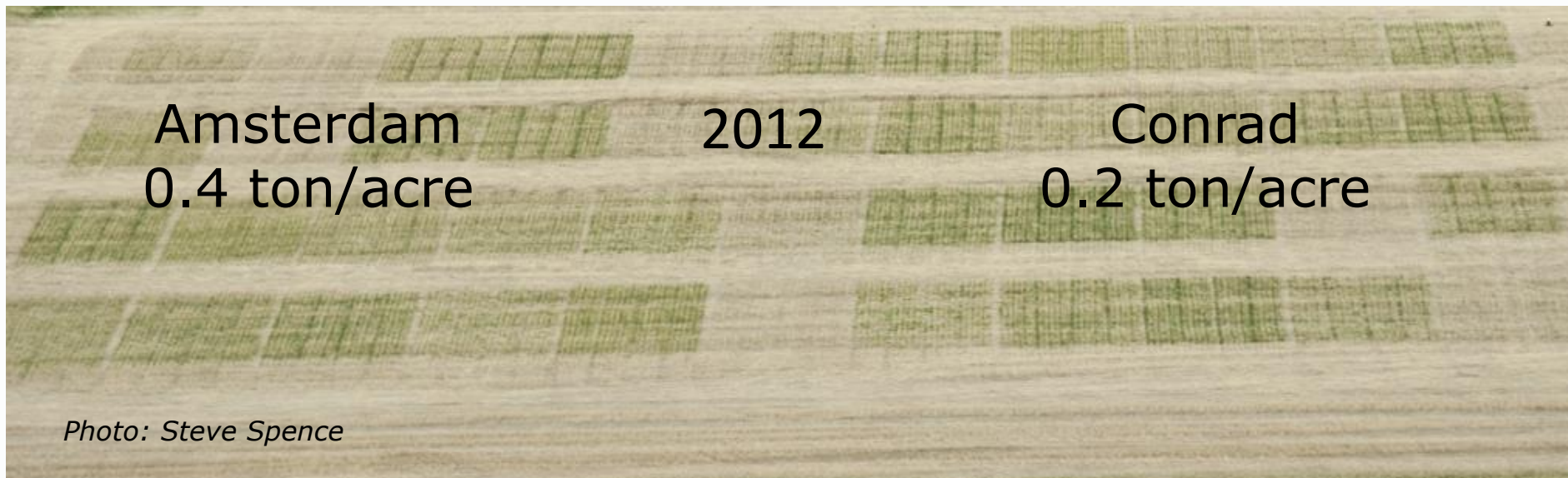
# Lessons learned about plantings



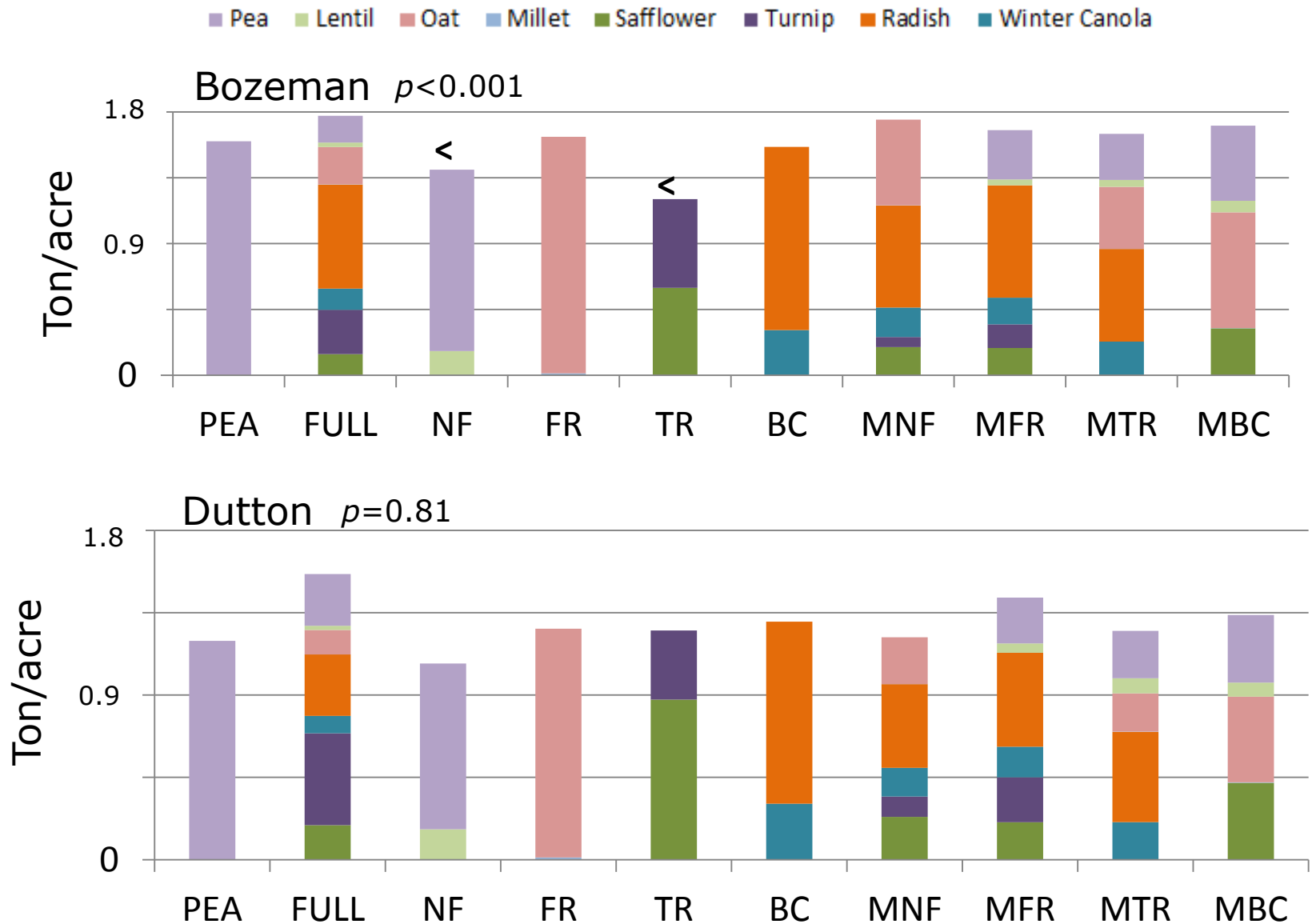
- Early weed control essential
- Common vetch difficult to terminate w/ glyphosate
- Camelina, Italian ryegrass, and lentil not competitive
- Radish bolts in late spring
- Millet not competitive in mid-spring mix
- Possible biological control benefits of wheat-stem sawfly with oat and radish

*Photo: Susan Tallman*

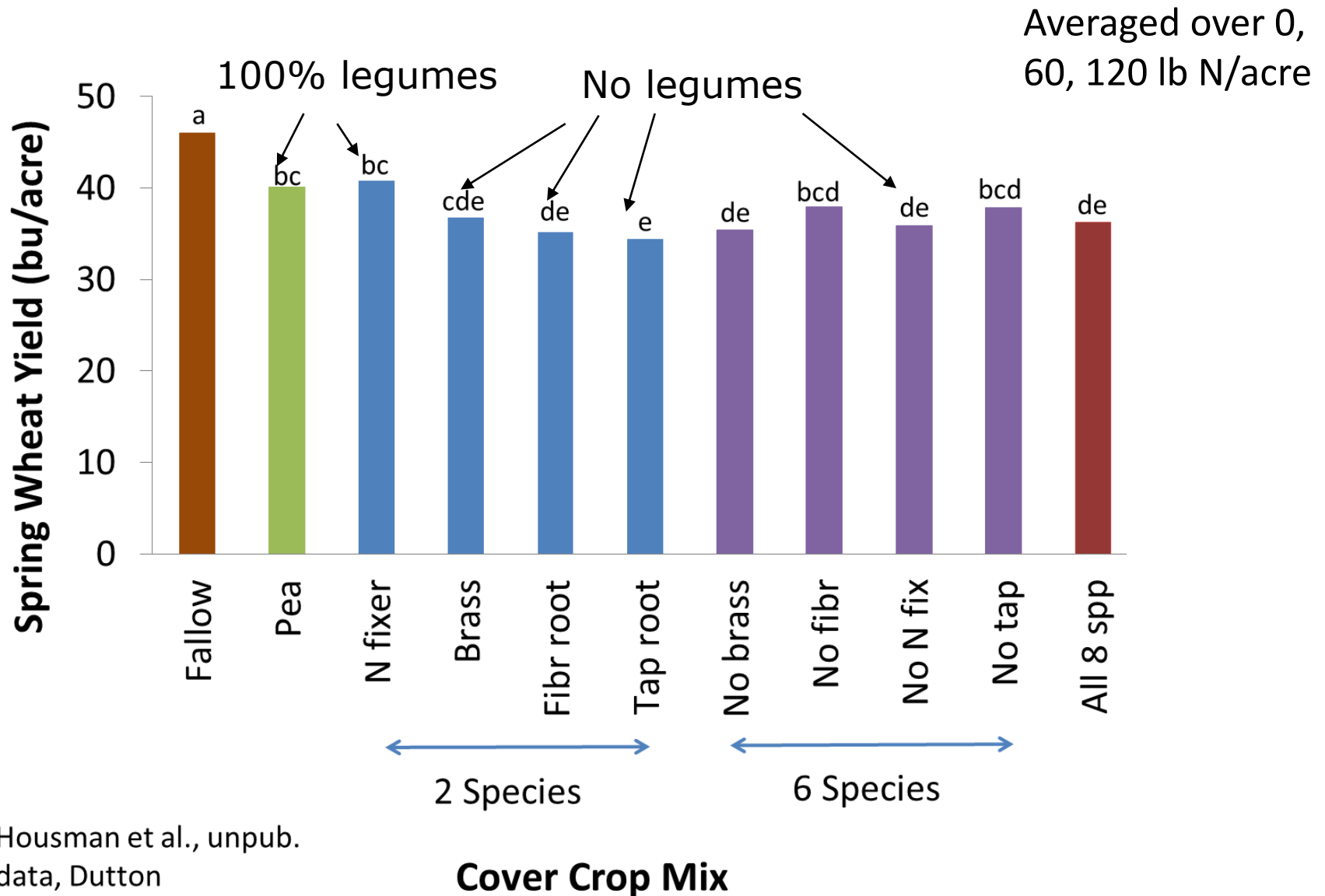
# Cover Crop Biomass – depends on moisture



# 2013 Cover Crop Biomass – wet year

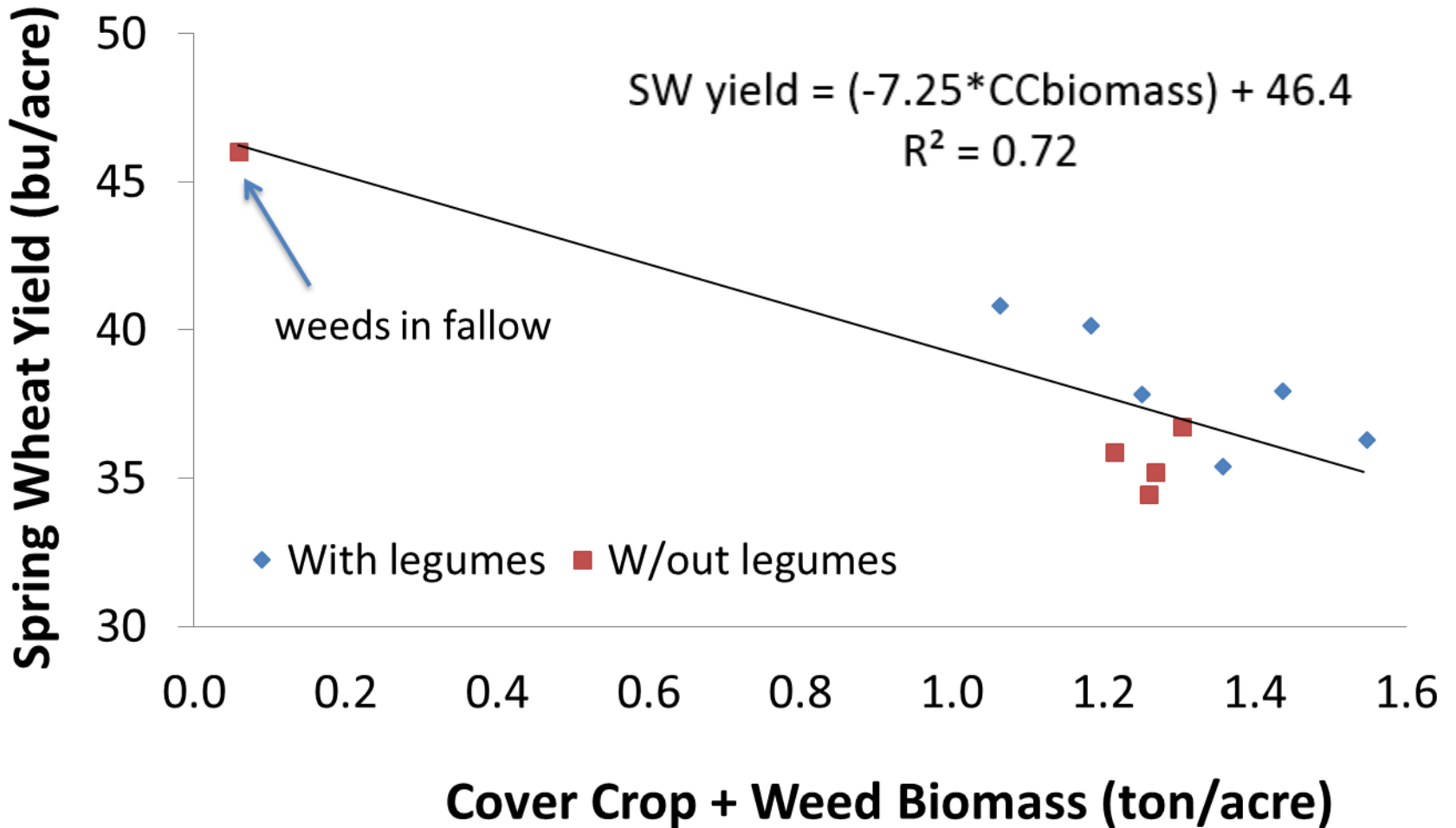


# Effect of cover crop treatment on spring wheat grain yield at Dutton (2014)



Housman et al., unpub.  
data, Dutton

# Spring wheat yield at Dutton vs previous year total biomass (cc + weed)



Housman, Tallman, et al.,  
unpub data, Dutton

What about soil health?



# Summary after FIRST full rotation

	Amsterdam	Conrad	Dutton	Bozeman
CC Biomass	ns	ns	ns	ns
Biomass C:N	8 spec>Pea	ns	8 spec>Pea	ns
Microbial Biomass	ns	ns	CC>fallow	CC>fallow
PMN	CC>fallow	Pea>6 spec	CC>fallow	ns
Olsen P	ns	ns	ns	ns
Temp at 2"	--	--	CC<fallow	CC<fallow
Aggregate stability	ns	ns	ns	ns

ns – no significant difference (95% confidence) among treatments

\* - penetration resistance less for fallow than CCs at Dutton and Conrad, likely due to higher water content, not less compaction so only CCs compared.

# Summary after SECOND full rotation

	Amsterdam	Conrad
Cover crop biomass	but 6 spp. > 2 spp.	ns
Microbial Biomass	CC>fallow	ns
Microbial Enzymes (5)	CC>fallow	ns
PMN	CC>fallow	ns
Olsen P	ns	ns
Temp at 2"	CC<fallow	CC<fallow
Aggregate stability	ns	ns

ns – no significant difference (95% confidence) among treatments



## Cover Crop Cocktails Plot Study: Take home messages on yield and soil quality

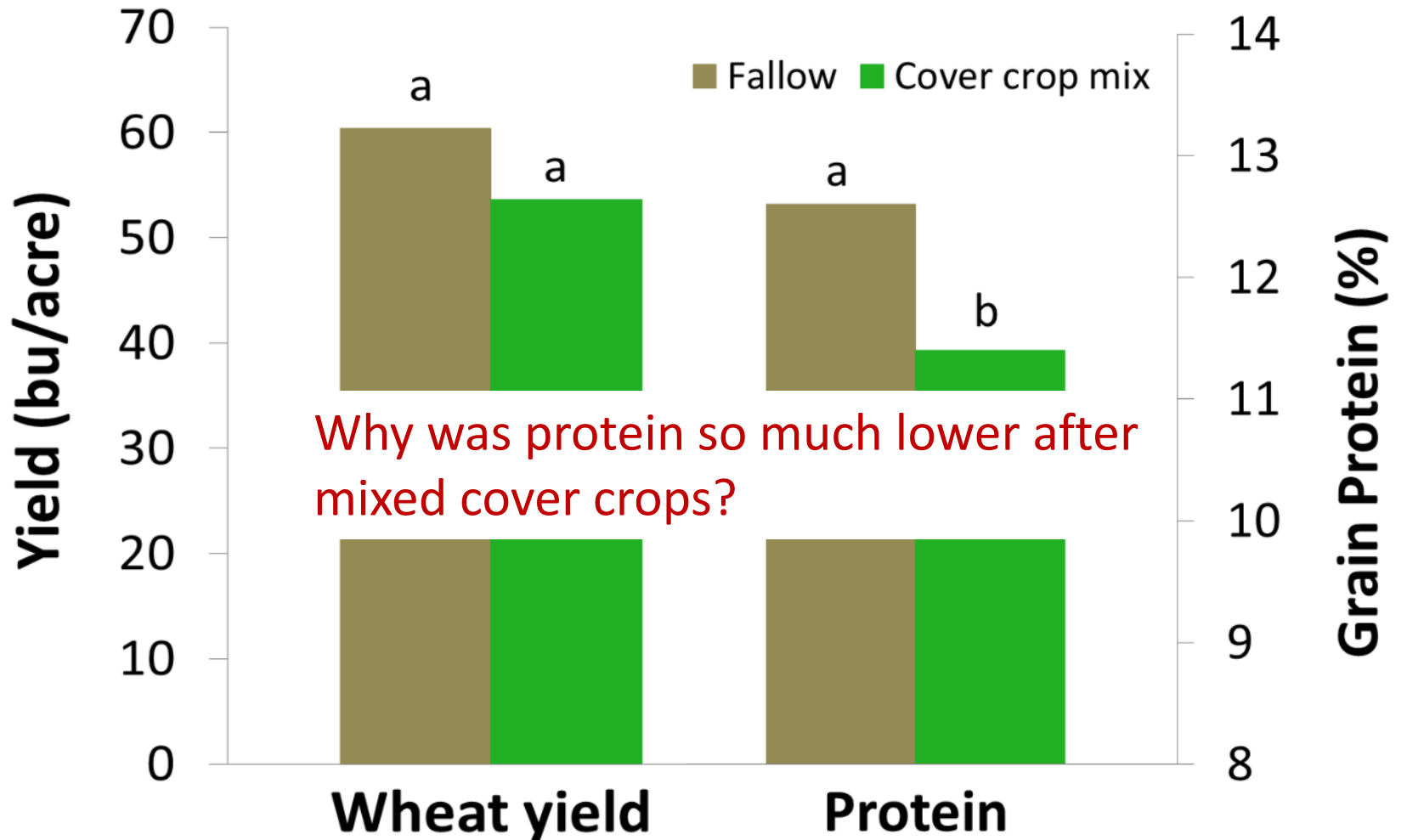
- After one cycle, spring wheat grain yields higher after pea and N fixers than most other mixes.
- Higher cover crop biomass correlated with lower spring wheat yield, likely b/c of more water and N use.
- Relatively few soil health differences between pea and 8-species mix after one cycle; not unexpected.
- After two cycles, no soil health differences between pea and 8-species mix, but CCs increased microbial activity.



Questions?

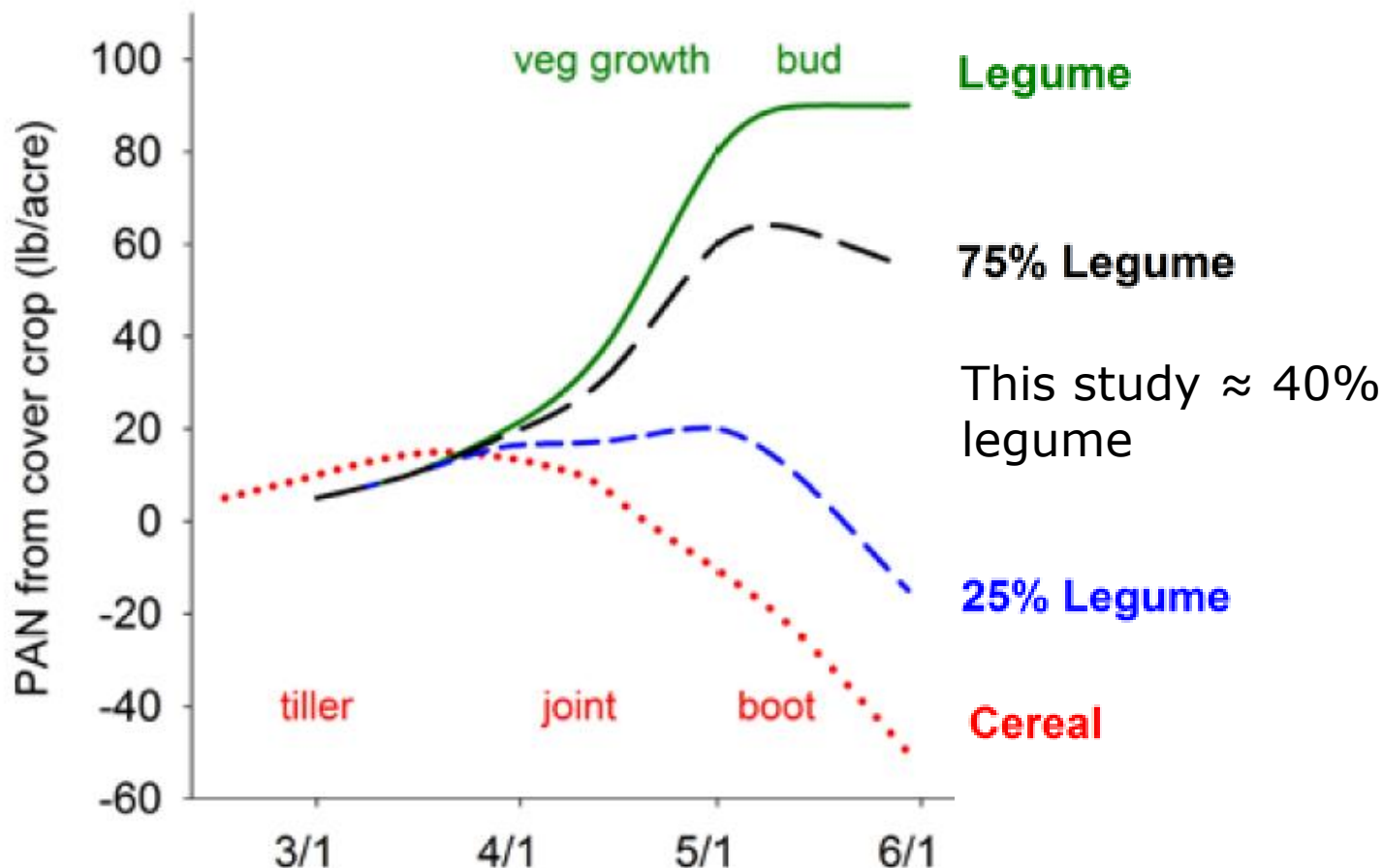


# Cover Crop Cocktails Farm Study: Spring wheat yield after mixed CC, Gallatin Valley





# Percent legume and termination timing affects plant available N (PAN)



**Take home:** Legume % less than 50 can result in low available N esp if terminated late

Willamette Valley, Oregon  
Sullivan and Andrews, 2012



## Cover Crop Cocktails Farm Study: Take home messages on yield and protein

- Spring wheat grain yield was lower after CC than fallow in four of six field-scale studies, and protein results were mixed.
- High water use from late termination was likely cause of yield differences.
- Low N availability from late termination & low legume % was likely cause of protein differences.



Questions or Comments?



Not a stellar outlook for cover crops in short term, what about long term? 8-year plot study



Legume or fallow year



Wheat year

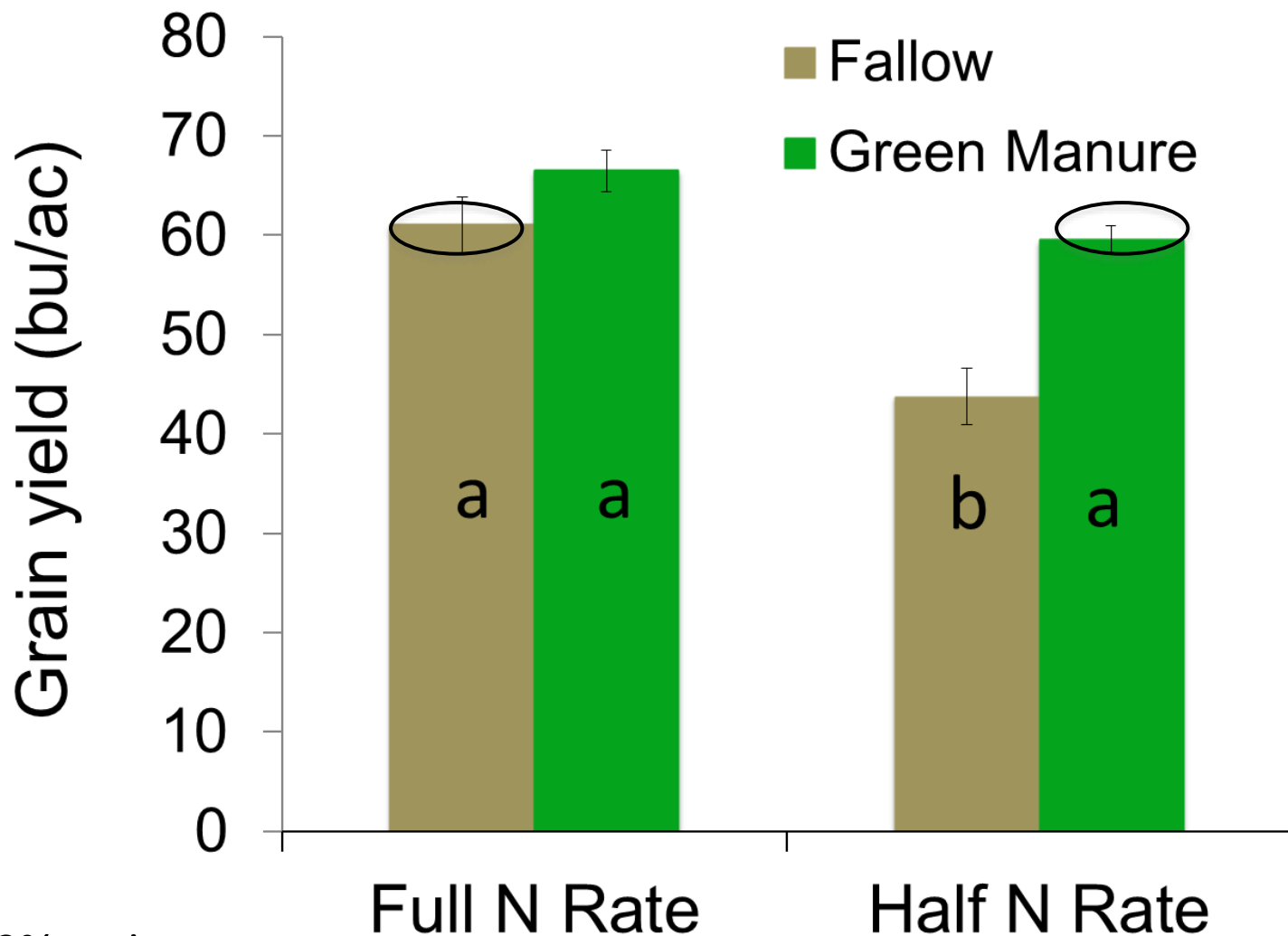


# 8-year Plot Study

- Long-term effects of no-till pea forage/legume cover crop-wheat vs. fallow-wheat
- ~16" annual precip on deep soils & ability to recharge soils
- Pea forage grown in 2003, 05, 07 and pea CC grown in 2009, terminated at full pod
- Spring or winter wheat planted in even years. 2010 was wettest of wheat years, 2012 record drought.
- 2 N rates: Full (3 lb available N/bu) and ½ N
- *NO differences in wheat yield following CC and following fallow in 2004, 2006, 2008, and 2012, and large benefit of CC in 2010*



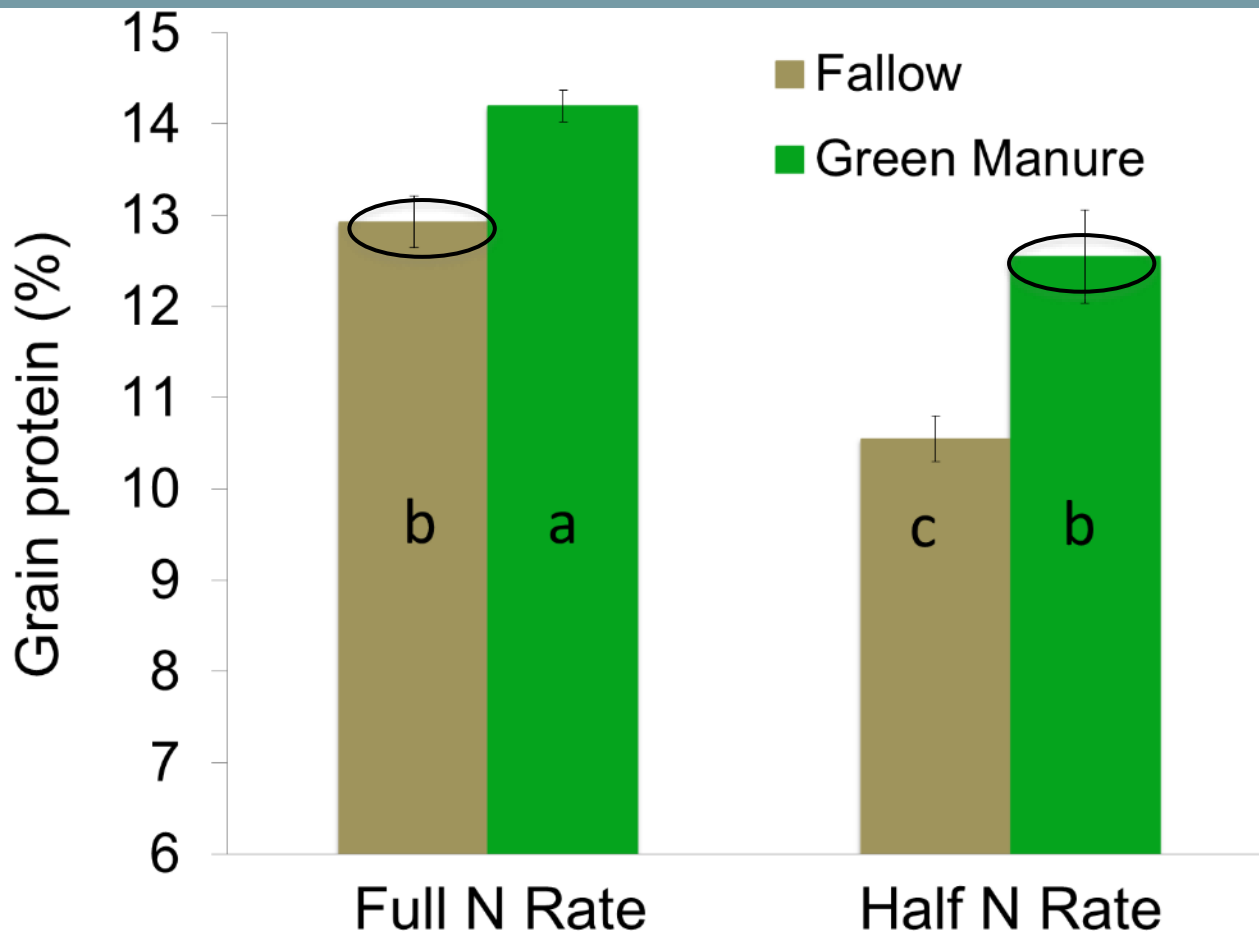
# 8 Year Plot Study: Grain yield in 8<sup>th</sup> year (2010)



@ 12% moist



# 8 Year Plot Study: Grain protein in 8<sup>th</sup> year

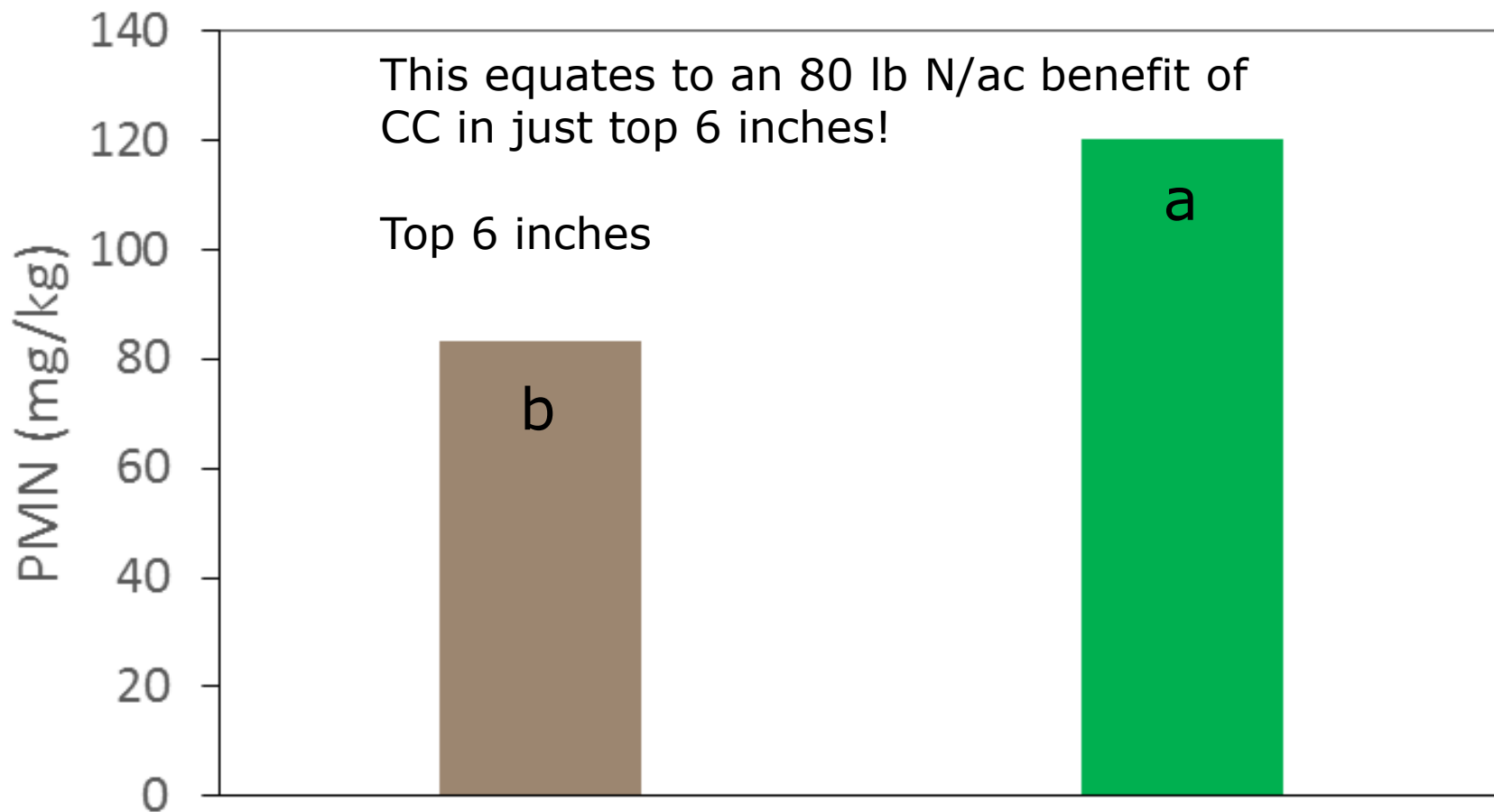


* N fertilizer rates	<i>Fallow-Wheat</i>	<i>LGM-Wheat</i>
Full N rate (lbs/ac)	124.00	83.00
Half N rate (lbs/ac)	39.00	0.00

Pea cover crop after 4 CC-wheat rotations saved **124 lb N/ac** compared to fallow.

# Potentially mineralizable N (PMN)

## Cover crop-wheat vs fallow-wheat (April of 8<sup>th</sup> yr)

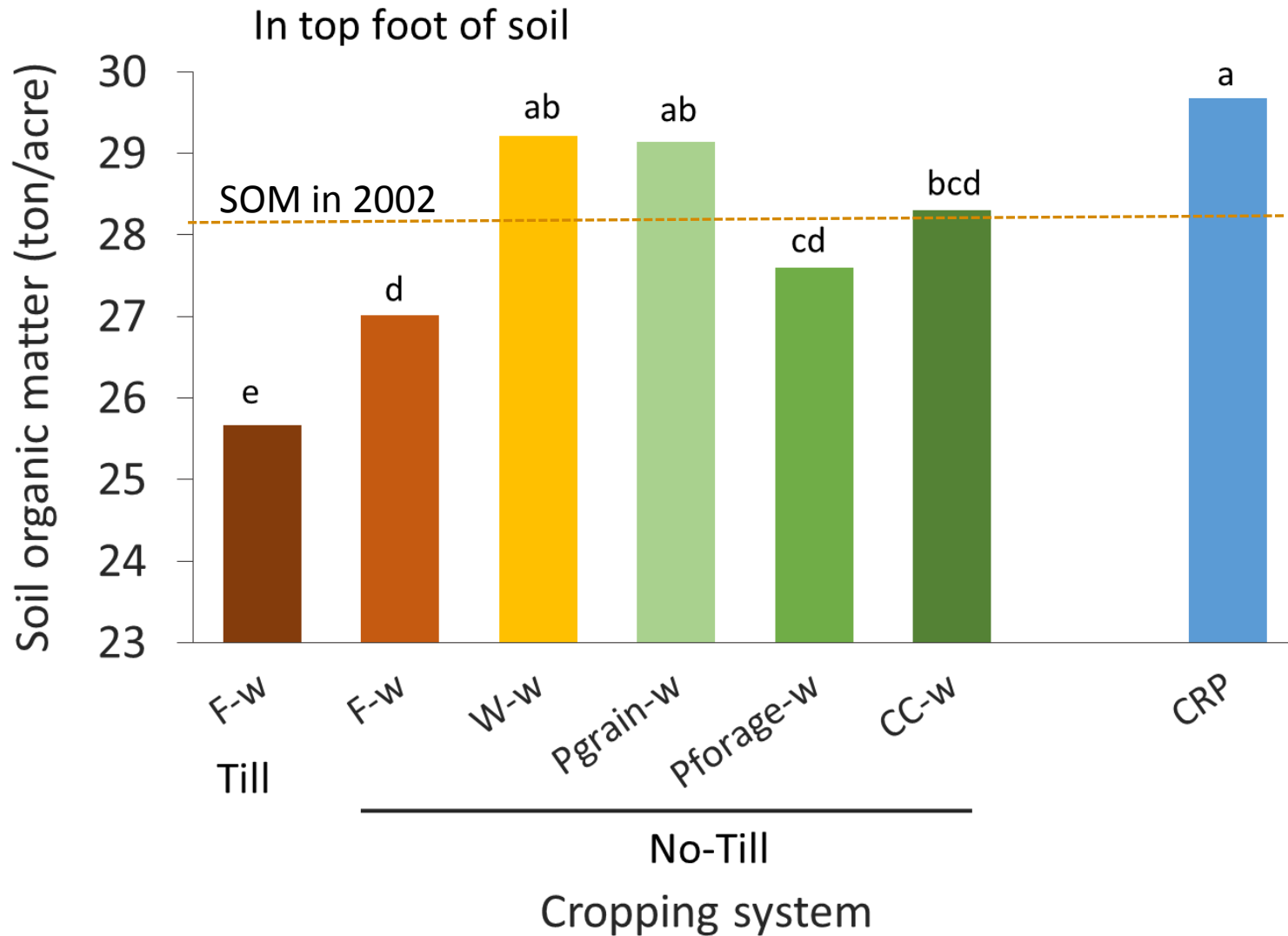


O'Dea et al. (2015)

Fallow-Wheat

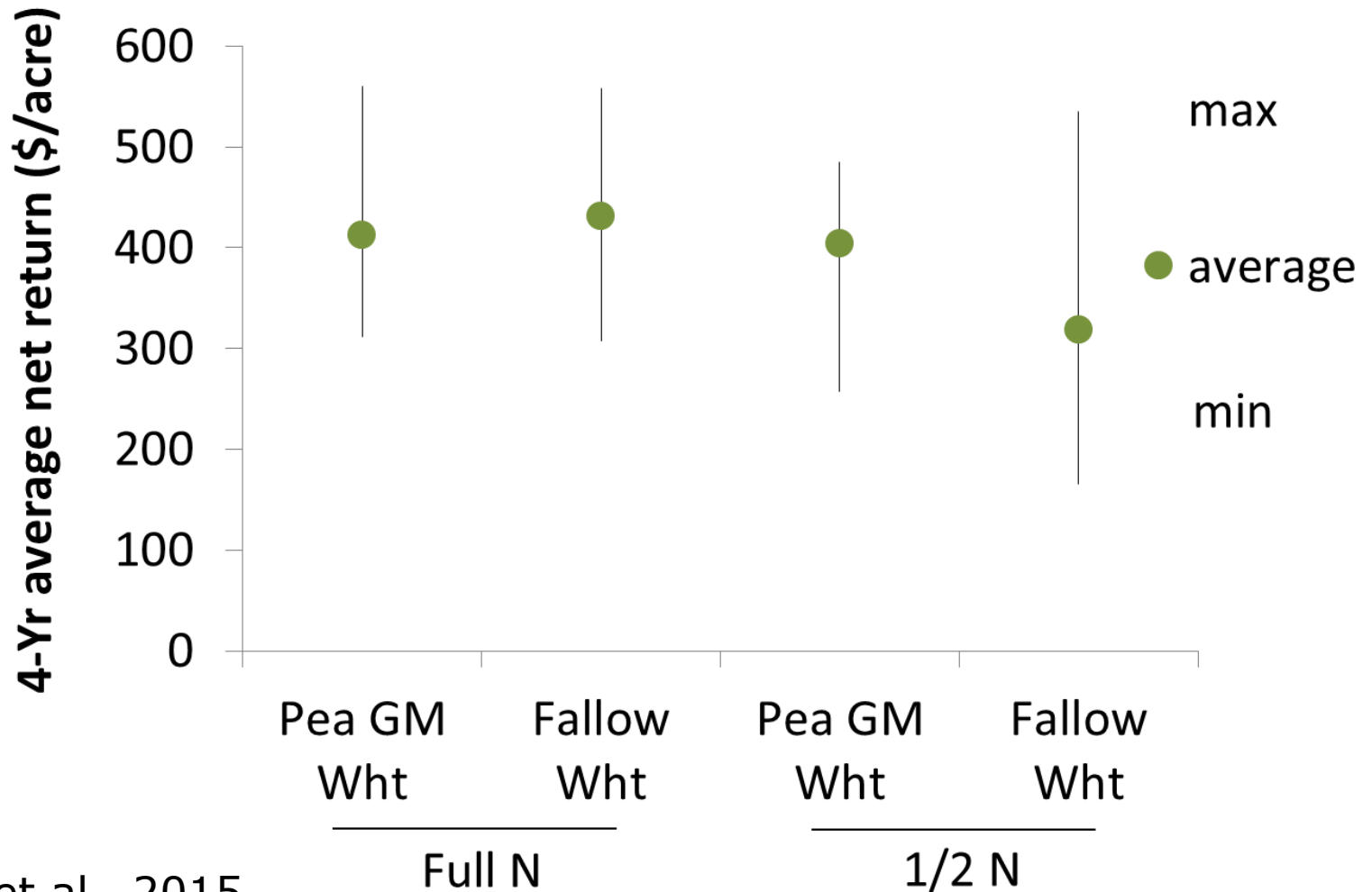
CC-Wheat

# SOM after 10 years cropping systems (2012)





# Economics: 8-year Plot Study (2009-2012)



Miller et al., 2015



## 8-year Plot Study: Take home messages

- In the first 3 cycles, wheat grain yield was not higher after legume than after fallow.
- After 4 two-year cycles, wheat grain yield and protein were higher after legume CC than after fallow.
- Higher than normal precipitation in 2010 likely 1) increased release of available N from an increased organic N pool, and 2) made N limiting to growth.
- Over 100 lb N/ac was saved in 2010 following legume cover crop compared to fallow!
- Economic returns were more stable with cover crop (less dependent on N rate)



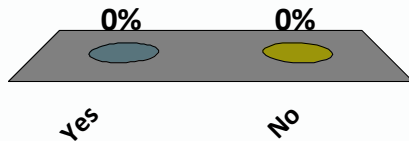


Questions?

# Economic options

Do you, or would you, graze cover crops?

- A. Yes
- B. No



- Grazing may provide more immediate economic return and increase the rate of change in soil health. Currently under study at MSU-Northern.
- NRCS provides incentives for growing cover crops

Response  
Counter



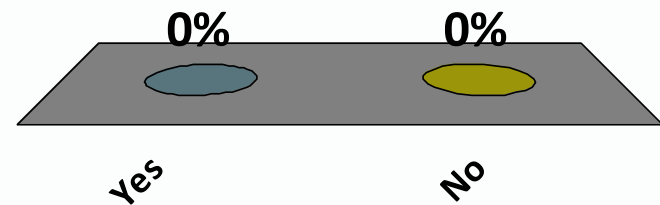
# Conclusions

- In short term (1 CC-cycle studies), grain yield and protein are generally equal or less than after fallow.
- Early termination (by ~ first pea bloom) is key to preventing yield and protein losses.
- In short term studies, there does not appear to be yield or soil quality advantages of mixes over pea.
- In long term (4+ cycles), yield, protein, and net revenue can be higher after cover crops than fallow, especially at low N rates, likely from more available N.
- Cover crops provide resilience to uncontrollable factors such as weather and markets
- Cover crop value to soil health, subsequent crops, and possibly land value is expected to increase over time.

Is your management, or management recommendations, likely to change, based on what we have presented today?

A. Yes

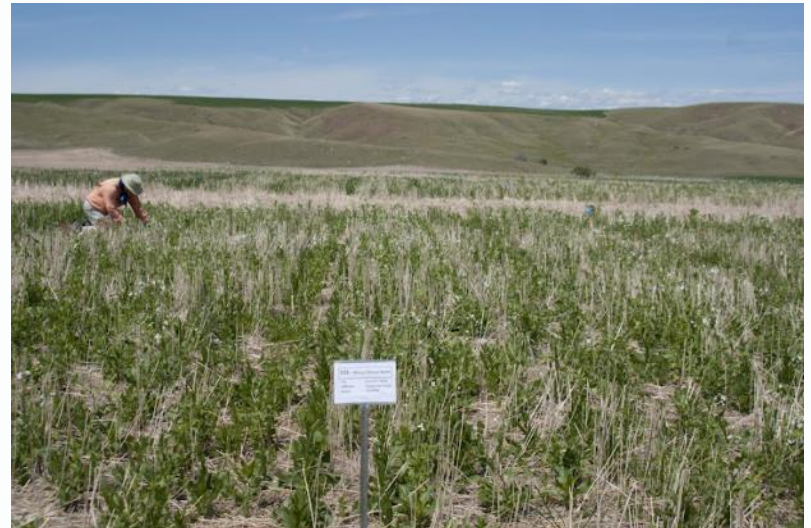
B. No



Response  
Counter

# Acknowledgments

- USDA – AFRI
- USDA – WSARE
- NRCS – CIG
- Montana Fertilizer Advisory Committee
- Montana Wheat and Barley Committee
- Numerous landowners
- Ann McCauley
- Jeff Holmes
- Anton Bekkerman
- Mac Burgess





**QUESTIONS?**

**For additional information on soil fertility topics including information on cover crops, see <http://landresources.montana.edu/soilfertility>**