COVER CROPS AND SOIL HEALTH

NRCS Soil Health Workshop
Bozeman and Billings
November 3 and 4, 2015

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Dept. Land Resources & Environmental Sciences
Cover crops:

A. Teach us how to use clickers
B. Can keep you warm at night
C. Build strong worms
D. Are yummy if you are a cow

Response Counter
What brings you to the workshop today?

A. Farm management (mainly cash crops on 100+ acres)
B. Ranch management (mainly livestock on 100+ acres)
C. Small acreage farm/ranch management (<100 ac)
D. Job with state or federal government
E. Job as crop adviser
F. Interested citizen
Today’s goals

- Present potential benefits of cover crops
- Discuss cover crop effects on
  - Nitrogen
  - Soil organic matter
  - Temperature, aggregate stability, microbial activity
  - Following crop yield and protein
  - Economics
- Present management considerations with cover crops
The Summerfallow Challenge

PROS:
Soil moisture recharge
N benefit

CONS:
Loss of organic matter
Increased soil erosion
saline seeps
N leaching
Decreased soil structure
water holding capacity
soil biological activity

Alternatives?
• No-Till
• Cover crops
Do you, or have you grown cover crops, or advise people who grow cover crops?

A. Yes
B. No
Have you heard of MSU’s cover crop studies?

A. Yes
B. No
If you’ve heard of our studies, have they changed your understanding of cover crops?

A. Yes
B. No
If you’ve heard of MSU’s cover crop studies, how has your management changed, if at all?

A. Not at all
B. More likely to make a change
C. Already made a change

0% 0% 0%

Response Counter
Benefits and challenges of cover crops
Soil Quality vs Soil Health

Soil Quality = properties that change little, if at all, with land use management practices
• Texture
• pH
• Cation Exchange Capacity

Soil Health = dynamic properties which may be subjective to measure
• Aggregation
• Microbial activity
• Tilth
• Nutrient availability
• Water holding capacity
• Compaction

Which is more likely to be influenced by cover crops?
What we have found with MT research trials
MSU single species cover crop research since 1999 has found higher grain yields and/or protein after cover crops when:

1. Seeding winter legumes (vs spring legumes)
2. Seeding spring cover crops early (vs late)
3. Terminating at first bloom (vs pod)
4. Tilling cover crop (vs spraying)

Why?

• More N fixed (1)
• More time for soil water to be recharged and N to become released from residue (1, 2, 3)
• Faster N release and fewer N losses (4)
Our MT studies confirmed early Saskatchewan studies that termination timing is key. Similar results for advantage of bloom over pod in conventional systems.

Terminating legume cover crop at early bloom produced higher organic wheat yields the following year than terminating at flat pod in 2006-2007 (Miller et al. 2011).
Plot Study No-till and Till: Design

3 Crop Treatments \( \times \) Tillage Treatments

- Spring Pea Manure
- Spring Lentil Manure
- Fallow

- No-Till (NT)
- Till (T)

- Green manures terminated at first flower
- Spring wheat planted at 4 N rates following year
- Gallatin Valley, ~14 inch annual precip.
Effect of lentil and pea cover crop on spring wheat yield & protein

Take home:
- Early-terminated spring cover crop did not hurt wheat yield or protein.
- Pea cover crop only increased yield at low N rates when tilled.
- Pea increased grain protein at all N rates and both NT and T.
- Lentil cover crop did not benefit yield or protein (likely N contribution too low)
Questions?
1. Compare crop and soil response to fallow, single species pea CC, and multi-species mixtures
   • Cover crop and wheat: Biomass, biomass quality, yield
   • Soil:
     ▪ Microbial biomass
     ▪ Soil enzyme activity
     ▪ Soil temperature
     ▪ Aggregate stability
     ▪ Compaction
     ▪ Soil water, nitrate, and Olsen P
     ▪ Mycorrhizal colonization
     ▪ Potentially mineralizable nitrogen

2. Determine the specific effects of 4 plant functional groups

3. 2 sites in Triangle, 2 in Gallatin Valley
Plant functional groups — planted individually and in groups

**Nitrogen Fixers**
- Spring Pea
- Common Vetch
- Lentil

*Increase nitrogen*

**Fibrous Root**
- Oats
- Italian ryegrass
- Proso millet

*Add soil carbon*

*Reduce compaction, move nutrients upward*

**Tap Root**
- Purple top turnip
- Safflower

*Potential disease control*

**Brassica**
- Daikon radish
- Winter canola
- Camelina
Lessons learned about plantings

- Early weed control essential
- Common vetch difficult to terminate w/ glyphosate
- Camelina, Italian ryegrass, and lentil not competitive
- Radish bolts in late spring
- Millet not competitive in mid-spring mix
- Possible biological control benefits of wheat-stem sawfly with oat and radish

Photo: Susan Tallman
Cover Crop Biomass – depends on moisture

Amsterdam 0.4 ton/acre
Conrad 0.2 ton/acre

Amsterdam 1.4 ton/acre
Conrad 1.0 ton/acre

Photo: Steve Spence
Photo: Meg Housman
2013 Cover Crop Biomass – wet year

Bozeman  \( p < 0.001 \)

Dutton  \( p = 0.81 \)
Effect of cover crop treatment on spring wheat grain yield at Dutton (2014)

Averaged over 0, 60, 120 lb N/acre

Housman et al., unpub. data, Dutton
What about soil health?

Spring wheat yield at Dutton vs previous year total biomass (cc + weed)

\[ SW \text{ yield} = (-7.25 \times \text{CC biomass}) + 46.4 \]

\[ R^2 = 0.72 \]

Housman, Tallman, et al., unpub data, Dutton

What about soil health?
### Summary after FIRST full rotation

<table>
<thead>
<tr>
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<th>Amsterdam</th>
<th>Conrad</th>
<th>Dutton</th>
<th>Bozeman</th>
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<tbody>
<tr>
<td>CC Biomass</td>
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<tr>
<td>Biomass C:N</td>
<td>8 spec&gt;Pea</td>
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<tr>
<td>Microbial Biomass</td>
<td>ns</td>
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<td>CC&gt;fallow</td>
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<td>PMN</td>
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<td>Pea&gt;6 spec</td>
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<td>Olsen P</td>
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<td>Temp at 2”</td>
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<td>CC&lt;fallow</td>
<td>CC&lt;fallow</td>
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<td>Aggregate stability</td>
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**ns** – no significant difference (95% confidence) among treatments

* - penetration resistance less for fallow than CCs at Dutton and Conrad, likely due to higher water content, not less compaction so only CCs compared.
### Summary after SECOND full rotation

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<tr>
<td>Cover crop biomass</td>
<td>but 6 spp. &gt; 2 spp.</td>
<td>ns</td>
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<tr>
<td>Microbial Biomass</td>
<td>CC&gt;fallow</td>
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<tr>
<td>Microbial Enzymes (5)</td>
<td>CC&gt;fallow</td>
<td>ns</td>
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<tr>
<td>PMN</td>
<td>CC&gt;fallow</td>
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<td>Olsen P</td>
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<td>Temp at 2”</td>
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<td>Aggregate stability</td>
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</table>

*ns* – no significant difference (95% confidence) among treatments
Cover Crop Cocktails Plot Study: Take home messages on yield and soil quality

• After one cycle, spring wheat grain yields higher after pea and N fixers than most other mixes.
• Higher cover crop biomass correlated with lower spring wheat yield, likely b/c of more water and N use.
• Relatively few soil health differences between pea and 8-species mix after one cycle; not unexpected.
• After two cycles, no soil health differences between pea and 8-species mix, but CCs increased microbial activity.
Questions?
Cover Crop Cocktails Farm Study: Spring wheat yield after mixed CC, Gallatin Valley

Why was protein so much lower after mixed cover crops?
Percent legume and termination timing affects plant available N (PAN)

Take home: Legume % less than 50 can result in low available N esp if terminated late

Willamette Valley, Oregon
Sullivan and Andrews, 2012
• Spring wheat grain yield was lower after CC than fallow in four of six field-scale studies, and protein results were mixed.
• High water use from late termination was likely cause of yield differences.
• Low N availability from late termination & low legume % was likely cause of protein differences.
Questions or Comments?
Not a stellar outlook for cover crops in short term, what about long term? 8-year plot study

Legume or fallow year

Wheat year
8-year Plot Study

- Long-term effects of no-till pea forage/legume cover crop wheat vs. fallow-wheat
- ~16” annual precip on deep soils & ability to recharge soils
- Pea forage grown in 2003, 05, 07 and pea CC grown in 2009, terminated at full pod
- Spring or winter wheat planted in even years. 2010 was wettest of wheat years, 2012 record drought.
- 2 N rates: Full (3 lb available N/bu) and ½ N
- NO differences in wheat yield following CC and following fallow in 2004, 2006, 2008, and 2012, and large benefit of CC in 2010
8 Year Plot Study: Grain yield in 8th year (2010)

@ 12% moist
8 Year Plot Study:
Grain protein in 8\textsuperscript{th} year

Pea cover crop after 4 CC-wheat rotations saved 124 lb N/ac compared to fallow.
Potentially mineralizable N (PMN)

Cover crop-wheat vs fallow-wheat (April of 8\textsuperscript{th} yr)

This equates to an 80 lb N/ac benefit of CC in just top 6 inches!

O’Dea et al. (2015)
SOM after 10 years cropping systems (2012)

In top foot of soil

Soil organic matter (ton/acre)

F-W  F-W  W-w  P grain-w  P forage-w  CC-W  CRP
Till

SOM in 2002

Engel, unpub data, MSU Post Farm
Economics: 8-year Plot Study (2009-2012)

Miller et al., 2015
8-year Plot Study: Take home messages

• In the first 3 cycles, wheat grain yield was not higher after legume than after fallow.
• After 4 two-year cycles, wheat grain yield and protein were higher after legume CC than after fallow.
• Higher than normal precipitation in 2010 likely 1) increased release of available N from an increased organic N pool, and 2) made N limiting to growth.
• Over 100 lb N/ac was saved in 2010 following legume cover crop compared to fallow!
• Economic returns were more stable with cover crop (less dependent on N rate)
Questions?
Economic options

Do you, or would you, graze cover crops?

A. Yes
B. No

- Grazing may provide more immediate economic return and increase the rate of change in soil health. Currently under study at MSU-Northern.
- NRCS provides incentives for growing cover crops.
Conclusions

• In short term (1 CC-cycle studies), grain yield and protein are generally equal or less than after fallow.

• Early termination (by ~ first pea bloom) is key to preventing yield and protein losses.

• In short term studies, there does not appear to be yield or soil quality advantages of mixes over pea.

• In long term (4+ cycles), yield, protein, and net revenue can be higher after cover crops than fallow, especially at low N rates, likely from more available N.

• Cover crops provide resilience to uncontrollable factors such as weather and markets

• Cover crop value to soil health, subsequent crops, and possibly land value is expected to increase over time.
Is your management, or management recommendations, likely to change, based on what we have presented today?

A. Yes
B. No
Acknowledgments

- USDA – AFRI
- USDA – WSARE
- NRCS – CIG
- Montana Fertilizer Advisory Committee
- Montana Wheat and Barley Committee
- Numerous landowners
- Ann McCauley
- Jeff Holmes
- Anton Bekkerman
- Mac Burgess
For additional information on soil fertility topics including information on cover crops, see http://landresources.montana.edu/soilfertility